NOOSA HEADS SURF LIFESAVING CLUB

SURF SPORTS Athletes Handbook



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CODE OF CONDUCT

Members and all people involved in any way with SLS will:

a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself

b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations

c) Be professional in, and accept responsibility for your actions

d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others

e) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS

f) Understand the possible consequences of breaching the codes and/or this policy

g) Report any breaches of the codes or this policy to the appropriate PPAh) Refrain from any form of abuse, harassment, discrimination and victimisation towards others

i) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner

j) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy

k) Show concern, empathy and caution towards others that may be sick or injured

1) Be a positive role model to all

m) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information

n) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s)

o) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development

p) Refrain from intimate relations with persons over whom you have a position of authority

q) Agree to abide by the codes

r) Maintain a duty of care towards others

s) Be impartial and accept the responsibility for all actions taken

Person in Position of Authority (PPA): PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

SWIM SUBSIDY

Record form must be completed and signed by your Swim Coach <u>Tax Invoice</u> must be attached to the record form

Forms must be returned every month.

Bank details and email address must be clearly written on the record form Payments are generally made by the end of the month

If you receive a Swim Subsidy, you are expected to attend all carnivals unless you have a valid excuse as determined by the Director of Surf Sports or Head Coach.

If you do not attend your subsidy will be reviewed.

BURSARY

If you are the recipient of a Club Bursary please make sure you read ALL the documents. It clearly states any documentation must be lodged to the Club Administrator. The process is via online lodgement.

If you are a Surf Sports competitor & receive a Club Bursary you may claim items in relation to Surf Sports ie. Equipment, travel, and accommodation for attending carnivals (provided no other reimbursement has been received)

If you receive a Club bursary it is mandatory that you attend all patrols unless you have a valid excuse as determined by the Director of Surf Sports. If you do not meet your patrolling obligations, your bursary will be subject to review.



ACCOMMODATION SUBSIDY - STATE & AUSSIES

You will gain across the season tallied points that will result in a reward which can be applied to Aussie or State Accommodation reimbursement.

Your share of the reward pool is determined by the total amount of raffle money from the Supporters Club annually. All money that we receive from the Supporters Club goes into the pool & is divided amongst the members who qualify.

The amount that you receive can differ significantly each year depending on the dollars raised and the amount of people claiming a subsidy. The subsidy does not always cover your full accommodation expenses.

U14 & U15's can access the Accommodation Subsidy for Aussies or States by completing water safety at the selected events as requested.

In the years that the Aussies are held in Western Australia, the incentive can also be applied to flights travelling to and from the event, in addition to accommodation.

Members must:

Complete water safety at selected events as advised by Surf Sports via email & social media. E.g., Seahorse Nippers, Noosa Tri, Milk Swim

Being an official or age manager for Nippers does not count to Surf Sports Subsidies

Sign the Attendance Log at each event that you attend. No signature will result in no hours being logged

Fulfil all Club requirements, i.e., attend all rostered patrols; no defaults or no shows

Abide by the SLS General Code of Conduct

Abide by all Club, SLSQ and SLSA Policies

PARENT CONSENT FORMS

Parent consent forms must be obtained from the office and completed for all members under the age of 18 when attending a carnival or event overnight.

OPEN CARNIVALS

The Club will send a selected group of athletes to the Nutri-Grain events & selected other interstate carnivals.

If you are selected and are receiving a Rack & Craft Allocation where you have signed an agreement, it is expected that you attend all carnivals.

Club Uniform will be worn in transit when representing the Club at all events.



REIMBURSEMENTS

No money can be spent without the approval of the Surf Sports Director & a purchase order must be raised from the office beforehand.

Any approved reimbursements must be clearly written, signed & bank details provided with a TAX INVOICE attached.

All reimbursements for carnivals, coaching, officials etc must be submitted within two weeks of the event.

If money is expended by an individual without the prior approval of the Director of Surf Sports & a purchase order is not raised, your reimbursement may not be approved.

PATROL HOURS

Athletes who compete at State &/or Aussies must have a minimum of 25 PATROL HOURS (or applicable pro-rata hours) by the 31st of December

Athletes are expected to check their own patrol hours leading up to December & ensure that they are eligible to compete

Athletes must not be in patrol default i.e. miss patrols. <u>If you miss rostered</u> patrols your competition rights will be withdrawn.

"Mechanics" - How it works.

CARNIVAL ENTRIES

Late entries will not be paid for by the club. If you fail to lodge your nomination by the closing date and wish to compete, you will be responsible for the payment of the late entry fee.

If you nominate for a carnival, and do not attend with no legitimate excuse i.e. ill or injured, you will receive an invoice from the club for the relevant event entry fee.

Non attendance to carnivals also lets down your team mates.

Entries are submitted via our online nomination form.

PLEASE DOUBLE CHECK YOUR EVENT & AGE STATUS BEFORE SUBMITTING

Aussies			Incenti	ves			
	GOLI	GOLD		SILVER		BRONZE	
	INDIVIDUAL	TEAM	INDIVIDUAL	TEAM	INDIVIDUAL	TEAM	
Open	1000	400	500	200	300	150	
U19	600	200	400	125	200	75	
U17	300	125	200	75	100	50	
States							
	GOLD		SILVER		BRONZE		
	INDIVIDUAL	TEAM	INDIVIDUAL	TEAM	INDIVIDUAL	TEAM	
Open	500	300	300	150	150	100	
U19	400	200	200	100	100	50	
U17	200	100	100	75	50	50	

ATHLETE SUPPORT PROGRAM

This policy applies to members aged 15 - 29 of Noosa Heads SLSC who are financial and proficient Bronze Medallion holders and wish to be considered for Athlete Support, to develop into high class athletes at senior surf sports carnivals.

Members must:

Demonstrated results in top three (top six at Australian Titles) in individual and/or team events in the identified events above or won a Series Event. Result performance is in Open (A Grade), U19 and U17 competition at the Nutrigrain Series, Coolangatta Gold, Oceans 38, Summer of Surf Series, ASRL Championships, SLSQ State Championship, inc Endurance and Australian Titles, along with any other endurance and/or high-profile events as identified by the selection panel.

Athletes must have consistently placed top three (top six at Australian Titles) in individual and/or team events in the identified events above, or won a Series Event. Ongoing eligibility: Members must maintain eligibility as per guidelines and Eligibility criteria.

Further information: https://www.noosasurfclub.com.au/wpcontent/uploads/2022/10/NHSLSC-Athlete-Support-V1-Oct-2022-FINAL.pdf

NEW INITIATIVES

- •Race Clinic for Nippers continuing
- •Pilates/Stretching classes TBA
- •Specialist Ski Clinics with Clint Robinson
- •Aussies camp



PACKING GEAR & TRAILERS

All athletes are responsible for the loading, tie down and unloading of craft – Must have your own straps All craft must be washed down before loading

DO NOT EXPECT OTHERS TO DO THIS FOR YOU! MOST OF ALL, THE HEAD COACH!!

CARNIVAL CONDUCT

Inappropriate language & behaviour will not be tolerated under the tent

Parents of U18's are permitted in the tents but please, be considerate of available space

A tent will be made available for the parents to set-up

If you have an issue with another competitor - i.e. bullying or harassment, whether it be on social media or face-to-face, please bring it to the attention of either the Coaches, Director of Surf Sports, Team Manager or Sectional Managers



FACEBOOK

Noosa Surf Sports Facebook is a Private group for competitors & their parents.

If you are not on the "Messenger Group" we ask that you consider signing up to Facebook as it is our Main Source of "On the Spot" recording & advice Friends of competitors will not be accepted.

You can use this messenger to communicate.

Please be reminded that when communicating on Messenger any harassing or defamatory content WILL NOT be tolerated as per the SLSA Social Media Policy

Information and results can often be found on our Facebook page

INSTAGRAM

Follow us on Instagram - Noosa Surf Sports

COMMUNICATION

Information is communicated via Texts, Emails, Facebook & the Noticeboard

Please ensure that you read all information sent to you even if you think it doesn't relate to you as there may be other material that does. E.g. The Training Schedule often has additional information included.

WWC BLUE CARDS

It is your responsibility to make sure your Blue Card is up-to-date Please don't assume the office staff can chase up your card If you are 17 ½ years of age you can apply for your Blue Card CYRMS Course and SLSA Child Safe course is to completed via Members Portal. No Card No Play.

CHAPERONES

There is a ratio of 1:10 Must be a female over the age of 18 Must hold a current blue card If anyone would like a copy of the SLSQ Chaperoning & Supervision of Minors Policy - please contact Jan at the office

CRAFT & RACK ALLOCATIONS

If you receive a Craft & or Rack Allocation or a Swim Subsidy it is expected that you attend all carnivals unless you have a valid excuse as determined by the Director of Surf Sports or the Head Coach.





Surf Sports Committee

Director of Surf Sports Alan Rogers

Deputy Director Peter Borain

Head Coach Darren Mercer OAM

Senior Team Manager Mel Pinchbeck

Craft Captain Stephen Porter Surf Boat Captain Adam Hammersley

Surf Rescue/Lifesaving Captain Brian Goulding

Boardriding Captain Megan Mackie

Beach Captain Joanne Carroll-Thompson

Swim Captain Scott Elmslie

Surf Sports Administration Jan Nel (T) 07 5448 0900 E: surfsports@noosasurfclub.com.au



If you would like to be a member of our private Facebook group please click in the Facebook icon and request to join the group.

Follow Noosa Surf Sports on Instagram

Surf Sports Coaches

Head Coach Darren Mercer OAM Board Coach Clint Irwin Ski Coach Jordan Mercer Beach Coach Surf Boat Coach Mick Gardner Surf Boat Coach Stuart Cooper Board Riding Kirra Molnar

Management Committee

President Deputy President Director of Finance Director of Administration Director of Lifesaving Director of Surf Sports Director of Junior Activities Ross Fisher Brett Leckie Robert Harney Barry Leek Roger Aspinall Alan Rogers Shaun Baker

Administration Staff

General Manager Club Administrator Education Manager Surf Education Coordinator Lifesaving Administration Finance Head Coach Surf Sports Administration Reception JAC/Nippers Administration Byron Mills Tanya Duncan Sacha Tapara-Beaton Lyndon Forlonge Anna Widdicombe Sharon Henderson Darren Mercer Jan Nel Justine Gorton Sheridan Bird

GOOD LUCK FOR THE SEASON

Noosa Heads is a great Club, made up of many great members, achieving great things.

With combined unity this is why our Club was awarded the best Club in Australia.

With your commitment and dedication our goals can be achieved.

CONTACT DETAILS

Noosa Heads Surf Life Saving Club P O Box 7, Noosa Heads QLD 4567 (T) 07 5448 0900

Email: surfsports@noosasurfclub.com.au or admin@noosasurfclub.com.au

Find the information you need on our website: www.noosasurfclub.com.au or Noosa Heads Surf-Sports Facebook Group.