



Noosa Heads Surf Life Saving Club

NIPPERS HANDBOOK
2023-2024
SEASON

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WELCOME

On behalf of the Board of Directors of the Noosa Heads Surf Life Saving Club, I would like to welcome our returning and new junior members together with your families to the 2023-24 Nipper season.

Our Club has always held the junior program in the highest regard and is proud of our results in educating our junior members in surf safety and awareness together with fostering future patrolling Life Savers and Surf Life Saving competitors.

We are most fortunate this year to have yet again a highly motivated Junior Activities Committee led by Shaun Baker who not only enjoys the full support of his Committee but The Board of Directors and the membership base.

I would encourage you all to make yourself known, to Shaun Baker and the JAC Committee, Nick Caple, Andrea Baker, Gary Javonena, Adam Cant, Kate Farley, Paul Grant and Steve Mawby so as you might engage yourself in the program. In that regard, there are a variety of roles in which we can all help and you will find the junior activities group a most welcoming and fun lot at the morning set up, BBQs, Water Safety, and wash down sessions.

So can I again welcome you all, and encourage you all to engage with Age Managers, the Water Safety Supervisor, Coaches, Team Managers, and the BBQ Co-Ordinator, so that our Nippers and youth can have a rewarding, fun, productive, and safe Nipper Season.

Yours in Lifesaving



Ross Fisher | Club President, Life Member & Life Governor

WELCOME

On behalf of the Junior Activities Committee (JAC), I would like to welcome all returning and new families to the 2023-24 Nippers season. The newly elected committee has been hard at work to ensure safe and enjoyable Nipper programs can be delivered at Noosa.

I am really excited about the season ahead and would like to thank the Board of Directors for their continued support of the JAC and the Nipper program.

The Nippers program is a fun outdoor activity that grows a child's confidence and teaches valuable surf awareness skills and life lessons while building lifelong friendships on Sundays. The program also creates pathways into Lifesaving and opportunities for Nippers to participate in Surf Sport carnivals, First Aid and CPR courses, and much more. Not only does the program give our nippers practical skills but we also provide a nurturing environment in which our nippers can develop into responsible young adults.

The delivery of the program at Noosa is dependent on the commitment of volunteers with the support of the Nipper Administrator (and broader Administration team) and Coaches. If you would like to get involved whether it be setting up the beach on a Sunday morning or becoming an Official, Age Manager, or Water Safety Officer please email nippers@noosasurfclub.com.au. The Club will happily provide you with support and assistance in completing these courses as well as the flexibility to work around your available hours.

Please take the time to read this booklet thoroughly as it is a wonderful source of information for the 2023-24 season.

See you on the beach!



Shaun Baker | Director of Junior Activities

OUR PROGRAM

Nippers was established at the Noosa Heads Surf Life Saving Club in 1967. With 55 years experience we have grown to be the largest nippers program in Queensland. The program runs from Noosa Heads Main Beach which provides more sheltered conditions. Noosa Heads SLSC has an awesome competitive edge with the program having a family-friendly environment and value for money.

The nipper program is designed to introduce children aged 5 to 14 to Surf Lifesaving. Our aim is to provide a safe, family-friendly and fun environment for our Nippers. Kids living on the coast should be equipped with the best skills and knowledge for safe use of Australian beaches. Our Nippers today are the next generation of Surf Lifesavers.

NOOSA BEACH

Noosa Main Beach is one of the few beaches along Australia's coastline that faces north. This beach is the best option for families or those who are not confident in the surf, as it has gentle waves and is patrolled by surf lifesavers 365 days a year. This is also the best place to take surf lessons if you're a beginner, as you don't have to contend with big surf. Moderate waves and safe for swimming all year around. The Australian Beach Safety and Management Program has assigned a beach safety rating of 3/10 (Least Hazardous). (www.beachsafe.org.au)



MEMBERSHIP

Noosa Heads SLSC membership year is from 1st July through to 30th June each year. Renewal applications will open in June. Membership includes insurance and affiliation with both SLSQ and SLSA.

Membership applications are to be completed on the Members Portal (<https://portal.sls.com.au>). All applications must be approved by The Board of Directors and fees must be paid prior to participation in any club activities including training, carnivals and courses. Be sure to update any changes of your details, including your driver's license and blue card details via the portal.

Nipper Family Membership Fees

One Child, Up to two parents - \$300

Two Children, Two parents - \$350

Three + Children, Two parents - \$400

**Membership fees include a High Vis Rash Shirt per child registered and an Age Colored noddy cap.*

Nipper Training Levy

U9-U14 Midweek Training Sessions - Per Person - \$100

Your application will be sent to the admin team for processing, this can take up to 2-3 business days. We will be in contact with you if there are any missing steps. Please contact us at nippers@noosasurfclub.com.au or call 07 5448 0900 if you have any issues.

Membership Discounts & Late Fees

- Nipper parents that have completed 45+ Patrol hours (Including appropriate substitutions) are entitled to deduct \$100.00 off their Nipper Family Membership Fee for the 2023-2024 Season.

MEMBERSHIP

Applying as a NEW Member

• JOINING FORM

All our memberships are processed online to make it easier for you. Head to https://members.sls.com.au/SLSA_MembersOnline/public/join/member-join to get started.

Once you have filled in which club your joining make sure to select 'My Family' in the 'I want to join' drop down. All family members that will be participating **INCLUDING AT LEAST ONE PARENT** will need to complete the entire form.

**We require one parent to join the family.*

2. PAYMENT

Once you've completed your form you will need to pay for your year of membership.

Two Easy Steps to RENEW your Membership

This whole process can be done on your computer at home or even on your phone. Just follow two easy steps, the Noosa Reception office also has an iPad for anybody needing further assistance. Please note that all previous seasons memberships will end on the 30th of June and all FOB Security bands in your name will be deactivated if membership is not renewed for the new season.

1. MEMBER'S PORTAL

To renew your membership, you need to access your members portal. Head to the 'Memberships' drop down and select the 'Family' drop-down This will show your current Family Group, select 'Renew Membership' in the right hand column under 'Action', Make sure you have selected the box next to everyone's name. At this stage you can also update details. Don't forget to **SUBMIT**. If you need to create a family group please do so. Follow the link to head to the members portal https://members.sls.com.au/SLSA_Online/modules/login/index.php

2. PAYMENT

Once you have renewed all members of the family and updated any contact details then you are ready to pay. After you have paid for the fees your membership will be processed by the club. This can take up to 2-3 business days. We will be in contact with you if there are any missing steps.

MEMBERSHIP REFUNDS

Membership Fee refunds will not be granted under the following circumstances;

1. Severe Weather or debris on the beach - cancellation of a Nipper event due to severe weather or debris on the beach is a considered decision and made in the best interest and safety of our members.
2. COVID-19 – cancellations of a Nipper Sunday(s) throughout the season will not result in partial refunds.
3. If a nipper is no longer interested in participating in the program.

Please note, if your child cannot complete the age-required pool proficiencies you can apply for a refund within 2 weeks of the first nipper Sunday. If your child cannot complete the age-required beach proficiencies you can apply for a refund within 4 weeks of the first nipper Sunday. Refund requests must be submitted to Club Administration at admin@noosasurfclub.com.au.

All other requests for refunds must be made in writing to The Board of Directors via admin@noosasurfclub.com.au. If the refund request is due to injury or illness the MC may request additional information, including but not limited to a doctor's certificate.

Refunds will be calculated on a pro-rata basis, minus an administration fee which covers capitation fees imposed on the club from Surf Life Saving affiliation bodies. The administration fee may change from time to time depending on changes to these capitation fees. These fees are out of the Club's control.

SWIMMING COMPETENCIES

ALL nippers **MUST** complete a pool swimming evaluation at either a Club Pool Sign On Day or with an accredited swim coach to participate in the program. In order to attend Nipper events nippers must also complete a Beach Evaluation. If the nipper wishes to compete at surf sports events, they will need to complete a Competition Evaluation directly following the beach evaluation. *Please refer to the chart below for competency and evaluation standards.*

JUNIOR PRELIMINARY SKILLS EVALUATION TABLE

	Preliminary Evaluations				Competition Evaluation (Required before competing in any carnival)
	Floatation	Submersion	Propulsion	Competency Beach Evaluation (Run-Swim-Run) (To be completed on first day of Nippers)	
Water Safety	New Members 1:1 Returning Members 1:5	New Members 1:1 Returning Members 1:5	New Members 1:1 Returning Members 1:5	New Members 1:1 Returning Members 1:5	New Members 1:1 Returning Members 1:5
Under 6	Back or front float for a minimum of 5 seconds, recover to stand.	Submerge to touch the bottom with hands. (Minimum depth of safe aquatic environment - 1 metre)	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.	Nil (shallow water activities only)	N/A (No Competition)
Under 7	Back or front float for a minimum of 10 seconds, recover to stand.		From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.	Nil (shallow water activities only)	N/A (No Competition)
Under 8	Back or front float for a minimum of 15 seconds, recover to stand.		Swim on front any stroke (distance 20 metres) followed by swim underwater (distance 2-3 metres).	25m-25m-25m Run-Wade-Run	25m-25m-25m Run-Wade-Run
Under 9	Front to back float or back to front float - 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute.	Submerge to touch the bottom with hands. (Minimum depth of safe aquatic environment - 1.5 metre)	Survival breaststroke and/or sidestroke and/or back sculling for minimum 50 metres	50m-50m-50m Run-Swim-Run	Minimum 150m open water swim (competition course distance as per competition manual)
Under 10			Swim on front through water any stroke for 25 metres followed by survival breaststroke and/or sidestroke and/or back sculling for minimum 50 metres	50m-50m-50m Run-Swim-Run	Minimum 150m open water swim (competition course distance as per competition manual)
Under 11	Front to back float or back to front float – 5 seconds each side. Tread water and/or sculling for minimum 2 minutes.	Submerge to perform forward or backward roll underwater, recover to surface, retrieve object from bottom of pool with hands (e.g. dive ring) (Minimum depth of safe aquatic environment - 1.5 metre)	Swim on front through water any stroke for 50 metres followed by survival breaststroke and/or sidestroke and/or back sculling for minimum 50 metres	50m-100m-50m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)
Under 12	Front to back float or back to front float – 5 sec each side. Tread water and/or sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, retrieve object from bottom of pool with hands (e.g. dive ring) (Minimum depth of safe aquatic environment - 1.8 metre)	Swim on front through water any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50m	50m-100m-50m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)
Under 13				100m-100m-100m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)
Under 14			Swim on front through water any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.	100m-100m-100m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)

AGE CATERGORIES

Surf Life Saving Queensland has deemed that all nippers are to participate in the program in their designated age groups. We are unable to change age groups for any nipper. The cut-off for nipper age groups is the 30th of September.

AGE GROUP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEP
U6	2017	2017	2017	2018	2018	2018	2018	2018	2018	2018	2018	2018
U7	2016	2016	2016	2017	2017	2017	2017	2017	2017	2017	2017	2017
U8	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	2016
U9	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	2015
U10	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	2014
U11	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	2013
U12	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012
U13	2010	2010	2010	2011	2011	2011	2011	2011	2011	2011	2011	2011
U14	2009	2009	2009	2010	2010	2010	2010	2010	2010	2010	2010	2010
U15	2008	2008	2008	2009	2009	2009	2009	2009	2009	2009	2009	2009

CLUB POINTS & ATTENDANCE

Our Primary focus at nippers is developing aquatic competence and confidence. To gain the necessary skills and knowledge, regular attendance and participation at nippers is important.

At the end of the season awards are presented at the presentation/break up days. There is TWO Nipper 'Club Championship' days throughout the season. These days are a full club carnival day which includes a combination of both water and beach events and sees involvement from our Noosa Nippers U8's right up to our U14's.

Points are awarded as follows:

- 1st Place - 6 Points
- 2nd Place - 5 Points
- 3rd Place - 4 Points
- 4th Place - 3 Points
- 5th Place - 2 Points
- 6th Place - 1 Point

The Nippers with the highest points total after the two events will be awarded with the Age Groups Club Championship title. To be eligible for any awards the Nippers must have completed the relevant Age Award for their Age group. Information about the Club Championships is communicated closer to the day through messages from the club administration and also via the Age Managers.

FACILITIES

Nippers have a variety of facilities available to them:

- Nipper area shower ***ONLY during Nipper Sundays & Training***
- Monthly Club Newsletter
- Boards and Nipper Equipment **please note this is during training/carnivals and Nipper Sundays ONLY**
- Participation in surf sports carnivals and training with qualified coaches **Additional costs apply**
- Discounts are available at the Supporters' Club (Bar; minors must be accompanied by an adult)

Reciprocal rights with other clubs **This is at the discretion of other SLS Clubs and their policies**

Noosa Heads Surf Life Saving Club's members area facilities, including Breezeway, Kitchen and Changerooms, are for active members only and can be accessed via security band. To purchase this security band please visit the reception office. Access is tailored by membership category and generally covers any time between 5:00 am and 9:00 pm 7 days a week. Access to the gym facilities is according to criteria being met, which you can find in the Club policies along with all policies on the website.

CLUB OFFICE HOURS

Noosa Administration Office is open for all Noosa queries:

Monday	12:00 pm to 5:00 pm
Tuesday to Friday	9:00 am to 5:00 pm

Access to the Administration Office is via the forecourt on the beachside of the building.

COURSES & PARENT PARTICIPATION

The Nippers Program runs each Sunday morning with the help of many volunteers. As with all sport programs involving young people, it's the parents and guardians that make it a success, so we'd love you to join in to lend a helping hand on the beach to ensure the mornings run smoothly for everyone. Some roles assistance is needed with are as per below;

- Age Managers
- Age Manager Assistants
- Parent Liaisons
- Nipper Adult Assistant (U6-U8 Parents)
- Water Safety (SRC & BRZ Holders)
- BBQ Helpers
- Uniform Shop Helpers
- Committee Members
- Carnival Officials

If you are interested in lending a helping hand you can email nippers@noosasurfclub.com.au and we can help find you the best role you could assist with.

What's more, many of our parents and guardians obtain their Surf Rescue Certificates (SRC) and/or Bronze Medallion qualifications so they can provide Water Safety for our nippers. We need enough Water Safety crew for our water events to go ahead, plus the kids love having their parents/guardians or siblings out there with them! SRC and Bronze Medallion courses are held throughout the season. If you are interested in completing a course head to <https://www.noosasurfclub.com.au/register-for-courses/> or call 07 5448 0900 and ask for Anna in lifesaving.

All members in supporting roles have to complete a 'SLSQ Child and Youth Risk Management Strategy' (CYRMS) and 'SLS Children Safe Awareness Course'. This is in accordance with the Working with Children (Risk Management and Screening) Act 2000. All parents wishing to participate as supporting roles MUST hold a current Working with Children's BlueCard.

You can see all the current seasons course dates on the Noosa Surf Club's website by going to <https://www.noosasurfclub.com.au/life-saving-training-proficiencies/>

NIPPERS SUNDAYS

SIGN IN/OUT

Upon arrival at the Club, parents **MUST** complete the Nipper Age sign-on sheet to register their Nipper/s for the session.

Nippers must be signed in **EVERY** Nipper Sunday. If you do not sign on and sign off your Nipper's attendance will not be counted. This may affect your eligibility for subsidies and awards. Parents **MUST** be in attendance for the entirety of the program for emergency reasons. Nippers without parents in attendance will be sat out of activities. Sign out must be completed before leaving the beach. If you do not sign out your Nipper, you will be contacted regarding the whereabouts of your child. If you need to sign out early, please ensure to sign out with your Nippers age groups Parent Liaison.

Nippers first Sunday will be Sunday 1st October 2023 with our last day being Sunday 10th March 2024. Please see calendar below for more important dates.

SESSION TIMES

U6 - U7 8.00am – 9.00am
U8 - U10 8.00am – 9.30am
U11 - U14 8.00am – 10.00am

UNIFORM

Nippers must always wear their colored nipper cap and pink hi-vis rash shirt during the session. **This is a strict Surf Life Saving Australia (SLSA) requirement to ensure the safety of the kids.* Club togs are optional on a Nipper Sunday. To pre-purchase any merch or extra uniforms please follow the link here - [Nipper Uniform Order](#), or the Nippers uniform shop is located in the forecourt and is open from 7am to 7.45am on selected Nipper Sundays. Age Group Caps are as per table below.

Age Group Cap Colour Quick Reference Guide

U6	U7	U8	U9	U10	U11	U12	U13	U14
Dark Blue	Light Green	Light Blue	Dark Blue	Dark Red	White	Dark Green	Red	Yellow

INJURIES

Any injuries sustained either at training or Nipper Sundays need to be reported to the Age Manager or Coach immediately.

It is the Parent's obligation to immediately notify SLSA in writing through the Club's Administration of any change to medical conditions, fitness and ability to participate.

Members under 14 years are not covered by Work cover, therefore they are covered by our Personal Accident Insurance. The same limitations apply as above.

NIPPERS TRAINING

Surf Sports training is held during the week and is optional to attend. We have a crew of professional coaches who develop our Nippers' techniques in the water and on the beach. All equipment is provided for training sessions.

We rely on parents/guardians or siblings who hold an SRC or Bronze to jump in to help with these sessions as water safety. Water Safety ratios at training sessions are 1:5 as per the SLSA Water Safety Policy and SLSA 'Water Safety Procedures' Without enough water safety, these training sessions can not go ahead or will get adjusted so that not all children are in the water at the same time. During any water activities, we are required to have water safety.

To get your SRC or Bronze follow the link to register:

<https://www.noosasurfclub.com.au/register-for-courses/>

Training schedules are released fortnightly and are updated into the Stack Team App which we encourage everyone to use. Click Here for the App. There are opportunities for Nippers to train most days of the week depending on their age. Please ensure your email and phone numbers are correctly entered for your nippers by checking your members portal.

Each nipper will be required to pay a Training Levy to attend the training sessions. This levy covers the coaching fees and use of equipment during training sessions. The training levy is \$100 per nipper to attend. Please refer to the JAC Training Levy Policy. This fee is payable via your members portal.

Expectations

Nippers attending training sessions **MUST** have completed all of their competencies. The required uniform for water training sessions is the pink high vis rashie.

Before every training session nippers are expected to be signed in by their parent/guardian who must also be present the WHOLE duration of training in case of emergencies.

NIPPERS COACHES

Woogie Marsh is our Head Nipper Coach, He is an energetic coach with a passion for all aspects of a healthy lifestyle, including but not limited to fitness, nutrition and health education. As an accomplished CrossFit Trainer his coaching focus is on setting goals and encouraging youth participants to work toward achieving their personal best.



Jordan Mercer is our Racing Academy Coach. She is an accomplished Ironwomen and one of our Club Ambassadors. She is an amazing coach for our nippers who are interested in pushing themselves to the next level of competing in surf sports.



Kirra Molnar is our surfing coach. Surfing lessons are with her every week to upskill and start being involved in the world of surf competitions. Kirra is an amazing board rider and loves to teach her skills to other members who have an interest in surfing.



CARNIVALS

Our Nippers program includes competing in surf sports carnivals. Please note Nippers will have to pass an evaluation in order to compete as stated in the 'Swimming Competencies & Evaluations' page.

Surf Sports Carnivals are held over 1-2 days, there are usually 2-4 carnivals for each age group. These carnivals are against other Sunshine Coast regional clubs and take place between Rainbow Beach and Redcliffe Beach (refer to the calendar for this season's carnival dates and locations).

For more detailed information on competing please refer to our 'Junior Competitive Handbook'.

JUNIOR COMPETITIVE HANDBOOK



NOOSA HEADS SURF LIFE
SAVING CLUB
JUNIOR COMPETITIVE HANDBOOK



UNDER 8 - UNDER 14
SEASON 2021/22

JAC POLICIES & SUBSIDIES

All Junior Activities policies are available online for your perusal.

- JAC Bronze Medallion Water Safety Patrol Reward Policy 2017-2018
- JAC Team Selection Policy
- JAC Training Levy
- JAC Contingency Plan Policy
- JA Swim Subsidy Policy

Head to <https://www.noosasurfclub.com.au/club-policies/> and look for policies with the JAC prefix.

If you have any questions about Club policies or the Nipper subsidies please contact us via nippers@noosasurfclub.com.au or call 07 5448 0900.

SEASON'S CALENDAR

Please note calendar dates can change on short notice. You can find a copy of the calendar on our website or you can download the Team App which has all calendar events assigned to correct Age Groups.



NOOSA HEADS SLSC NIPPERS 2023-24

Admin 07 5448 0900

nippers@noosasurfclub.com.au

Noosa Nippers

NHSLSC Nippers

[noosasurfclub.com.au/nippers/](https://www.noosasurfclub.com.au/nippers/)

OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
SUNDAY 1ST	SUNDAY 5TH	SUNDAY 3RD	SUNDAY 7TH	SUNDAY 4TH	SUNDAY 3RD
FIRST NIPPER SUNDAY	NO NIPPERS	NIPPER SUNDAY	NO NIPPERS	NIPPER SUNDAY	NIPPER SUNDAY
SUNDAY 8TH	SUNDAY 12TH	SUNDAY 10TH	SUNDAY 14TH	SUNDAY 11TH	SUNDAY 10TH
NIPPER SUNDAY	NIPPER SUNDAY	NIPPER SUNDAY	NO NIPPERS	NIPPER SUNDAY	LAST NIPPER SUNDAY
SUNDAY 15TH	SUNDAY 19TH	FRIDAY 15TH	SUNDAY 21ST	SUNDAY 18TH	
NIPPER SUNDAY	NIPPER SUNDAY	TWILIGHT NIPPERS XMAS BREAK-UP PARTY	NIPPERS RESUME 2024	NIPPER SUNDAY	
SUNDAY 26TH	SUNDAY 26TH		SUNDAY 28TH	SUNDAY 25TH	
NIPPER SUNDAY	NIPPER SUNDAY		NIPPER SUNDAY	NIPPER SUNDAY	
SUNDAY 29TH					
NIPPER SUNDAY					

INTRODUCTION

This calendar is a basic guide to events held during the 2023/24 Nipper Season. For many reasons, out of our control, all events are subject to change without notice. Notification of changes will be given to all members via email and/or text as well as Facebook and Stack Teams App. Please see Shaun Baker (Dir. JAC) or Andrea Baker (Age Manager Co-ordinator) regarding activities on the beach on any given Sunday or contact Sheridan Bird (Nippers Administrator) for any general program enquiries/feedback.

OUR OBJECTIVE

To provide a fun, friendly and safe introduction for children U6 - U14 to surf life saving through activities on the beach and water. We aim to educate and instruct the Nippers to develop confidence, good sportsmanship, citizenship and teach valuable surf life saving skills so each Nipper successfully achieves the relevant surf award.

RASHIE + AGE CAP = MANDATORY EVERY SUNDAY AND ALL CARNIVALS

U6 U7 U8 U9 U10 U11 U12 U13 U14 COMPETITION CAP

SWIM PROFICIENCY

To participate safely in Nippers, members are required to be swim proficient. Each Nipper must provide a completed SLSQ Junior Preliminary Evaluation form either at our Pool Proficiency days OR completed by their own accredited swim assessor. Each Nipper must also complete a run-swim-run proficiency on the beach at the first day of Nippers. The JAAO (Junior Activities Accreditation Officer) will have the final approval as to the proficiency of a Nipper and their eligibility/safety to participate in Sunday Nippers or Carnivals. Those wishing to compete at carnivals will be required to complete a second run-swim-run.

CODE OF CONDUCT - MEMBERS/PARENTS

1. Respect the rights, dignity and worth of others
2. Be ethical, considerate, fair, courteous and honest in all dealings with others
3. Be professional in, and accept responsibility for your actions
4. Be aware of and maintain an uncompromising adherence to SLSA/SLSQ standards, rules, regulations and policies
5. Refrain from any form of abuse, harassment, discrimination and victimisation towards others
6. Provide a safe environment for the conduct of activities on the beach and in the water
7. Show concern, empathy and caution towards others that may be sick or injured
8. Be a positive role model to all
9. Maintain a duty of care towards others
10. Be impartial and accept the responsibility for all actions taken

*** See the NHSLSC Nippers Handbook for more detail on the NHSLSC Website at [noosasurfclub.com.au](https://www.noosasurfclub.com.au)

PARENTS/GUARDIANS MUST STAY ON THE BEACH. NO PARENT/GUARDIAN = NO NIPPERS

NIPPER SUNDAY TIMES

U6 - U7 8AM - 9AM
U8 - U10 8AM - 9:30AM
U11 - U14 8AM - 10AM

All Nippers must be signed in and out each week by a parent/guardian.

All Nippers must be ready and waiting at their relevant age-group flag at 8AM with their rashie, age-cap and sunscreen, ready to start.

NIPPER EVENTS

Snag-a-Sunset (pre season BBQ) 15/09/2023
Movie Night 03/11/2023
Disco TBC

AGE MANAGERS

- U6 TBC
- U7 Paul Stacey
- U8 Gary Javonena/Darina Worrell
- U9 Kate Farley (Stuart)
- U10 Jack Lewis/Nathan Nichol
- U11 Adam Cant/Bonnie Baker
- U12 Damon Rehbein
- U13 Andrea Baker/Shane Shanahan
- U14 Nick Caple/Michael Harries

COMMITTEE OFFICERS

- Director Junior Activities Shaun Baker
- Deputy Director Nick Caple
- Age Manager Coordinator Andrea Baker
- Water Safety Coordinator Gary Javonena
- Jnr Team Manager U8-U10 Kate Farley
- Snr Team Manager U11-U14 TBC
- Gear Steward Adam Cant
- BBQ Coordinator Paul Grant
- Seahorse Nippers Coordinator Steve Mawby

CARNIVAL DATES

- U8 - U10 Sunshine Coast Branch Championships 02/03/2024 - 03/03/2024
- U11 - U15 Sunshine Coast Branch Championships 16/02/2024 - 18/02/2024
- U11 - U15 QLD State Youth Championships 21/03/2024 - 24/03/2024
- U13 - U15 Australian Youth Titles 13/04/2024 - 14/04/2024

*** For all other carnival dates, refer to extended calendar on Stack Teams App (NHSLSC Nippers)



QUEENSLAND

CODE OF CONDUCT FOR MEMBERS

Members and all people involved in any way with SLS will:

- a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself
- b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations
- c) Be professional in, and accept responsibility for your actions
- d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others
- e) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS
- f) Understand the possible consequences of breaching the codes and/or this policy
- g) Report any breaches of the codes or this policy to the appropriate PPA
- h) Refrain from any form of abuse, harassment, discrimination and victimisation towards others
- i) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner
- j) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy
- k) Show concern, empathy and caution towards others that may be sick or injured
- l) Be a positive role model to all
- m) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information
- n) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s)
- o) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development
- p) Refrain from intimate relations with persons over whom you have a position of authority
- q) Agree to abide by the codes
- r) Maintain a duty of care towards others
- s) Be impartial and accept the responsibility for all actions taken

Person in Position of Authority (PPA):

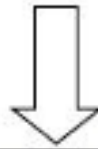
PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

REPORTING DISCLOSURE OF HARM

The Noosa Heads Surf Life Saving Club takes the safety of all members seriously. We have a process as below in reporting any forms of abuse a Nipper parent or member may witness towards a youth member.

RECEIVING A DISCLOSURE

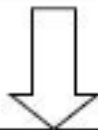
- *Remain calm and find a private place to talk*
- *Explain why you can't keep it a secret*
- *Only ask enough questions to confirm the need to report the matter*
- *Do not attempt to conduct your own investigation*



DOCUMENTING A DISCLOSURE

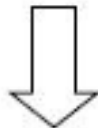
Complete an incident report form and include:

- *Time, date and place of the disclosure*
- *'Word for word' what happened and what was said, including anything you said and any actions that have been taken*
- *Date of report and signature*



REPORTING A DISCLOSURE

- *If life threatening or child is in immediate danger – Ph: 000*
- *Department of Communities Child Safety and Disability Services – Ph: 1800 811 810*
- *Queensland Police Service (ph: **5440 8111**)*

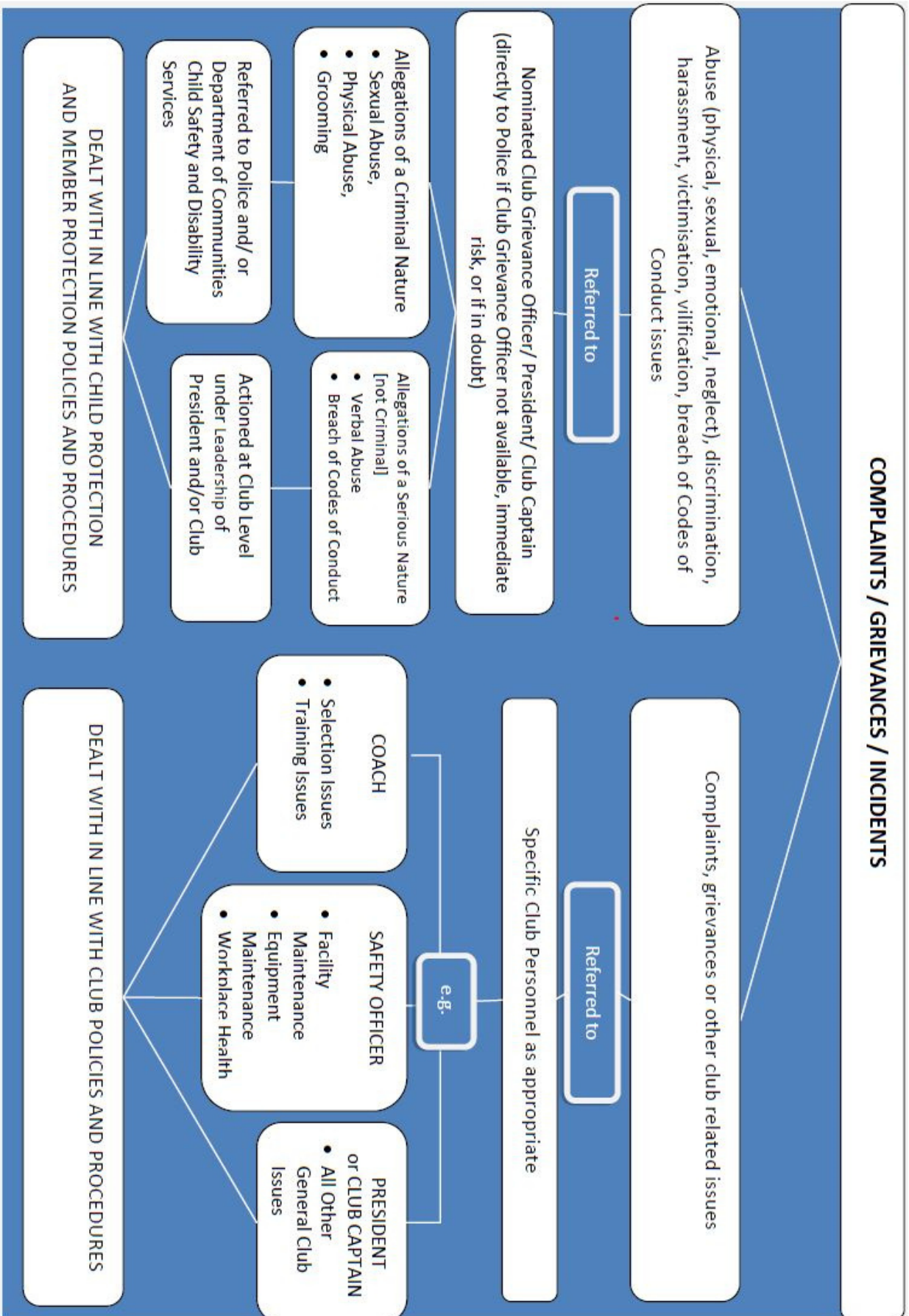


FOLLOWING A DISCLOSURE

- *Support and counselling will be offered to all parties involved.*
- *The policies and procedures for handling disclosures or suspicions of harm are to be reviewed.*

REPORTING COMPLAINTS, GRIEVANCES AND INCIDENTS

If any Nipper members or parents have a complaint they are asked to follow the below flowchart. Your Age Manager or Program Coordinator are your contacts to reach out to.





QUEENSLAND

HOW DO WE KEEP **CHILDREN & YOUNG PEOPLE SAFE**

TO ACCESS THE
PROCESSES AND
PROCEDURES
SCAN HERE



CHILD & YOUTH RISK MANAGEMENT STRATEGY

- ✓ How to make a child protection report
- ✓ Safeguarding children handbook
- ✓ Code of conduct for people in positions of authority
- ✓ Child protection policies

FAQ'S

1) My child is 12 today (born 5 October), what age group will they be in?

Age group determination is based on the age they are as at 30 September – if your child was 11 on 30 September (turned 12 on 5 October) and therefore is classed as being in the U12 age group (even though they are 12). A child who has their 12th birthday on 30 July would be placed in the U13 age group.

2) Does my child change age groups if their birthday is during a season?

No. The age group for children is determined by their age as at midnight 30 September i.e. if a child turns 8 on 30 September, they would be in U9s for that season. If a child turns 8 on 1 October, they would be in U8s for that season.

3) What age can my child start nippers?

A child may join nippers when they turn 5 years of age. If your child turns 5 after 30 September, they are still able to join but they would be required to repeat the U6 age group in the following season.

4) How often do I bring my child to the beach?

Most nipper programs are conducted on a Sunday morning. There is also mid-week training sessions for board, swim, and beach. Please check with the club to find out more.

5) What does my child need?

Bathers/togs, a club cap, water bottle, long sleeved t-shirt or long-sleeved rash top, sun hat, a towel and sunscreen. It is also mandatory for all nippers to wear the club high visibility rash vest.

6) What do children in Surf Life Saving do?

Depending on their age group, children will cover beach sprints and flags, swimming, board paddling, wading, basic CPR/ first aid skills, junior development and lots of fun activities. They will also learn surf lifesaving skills, surf awareness, and intrinsically develop personal and emotional skills.

7) Junior Awards – what are these for my child?

Each age group has sessions they participate in to acquire relevant skills and knowledge. They will need to attend and participate in all the compulsory sessions to attain the age award. They must also complete the preliminary pool and beach evaluation to obtain their Junior Age award.

FAQ'S

8) How does surf lifesaving provide a safe environment for my child?

With safety being a core value at NHSLSC, we are serious about providing a safe environment for our Nippers. We aim to provide children and young people with positive and nurturing experiences while involved in our activities and programs. Our clubs have clear strategies to ensure your child remains safe on and off the beach. Our volunteers must satisfy Working with Children Checks in addition to abiding by a Code of Conduct, which guides the care of your child. SLSQ has an endorsed Sun Safe policy in place, and through their education curriculum and training programs, we teach children to be beach safe and water safe.

9) Does my child have to be able to swim?

Yes, each age group has specific requirements for swimming ability. All children will complete a pool evaluation which clubs conduct prior to the start of the nipper season. This is carried out before participating in any Junior Activities session to assess their swimming and self-survival ability in the water. This will determine whether they can progress to Junior Activities. They will then be required to complete a beach evaluation (run-swim-run). The next step is for them to complete the competition evaluation including an ocean water swim. This allows them to compete at inter-club carnivals. Only those who wish to compete are required to complete the competition evaluation.

10) Is this a “learn to swim” program?

NO. Although your child will benefit enormously and increase their confidence from exposure to open water-based activities, including swimming and board paddling, we do not provide specific learn-to swim training or stroke correction. This is strongly encouraged to be taken up externally.

11) What can I do to help?

Parents can become involved in many areas of club activity. Areas can include helping with training, coaching, being a team manager, officiating, fundraising, providing water safety (if you gain your Surf Rescue Certificate or Bronze Medallion), cooking the club BBQ etc., but most of all supporting your child in their Junior Activities journey.

12) What happens when my child finishes all the various Junior Activities age groups and awards?

The Junior Development Program is designed to gradually introduce your child into the role of a qualified surf lifesaver and assist in patrolling the beaches. They can continue to be involved in a variety of competition events if desired. They will undertake various other awards and learn many facets of community service involvement. They can be taught specialist areas of competition and compete both at a state and national level.

FAQ'S

13) What equipment can my child use?

Nippers have access to a range of age-appropriate equipment, as nippers progress through the age groups the equipment will change to suit the needs of the age group lessons.

U6/7 – Boogie boards *Shallow calm water ONLY*

U8*/9/10 – Foam Nipper Paddle Boards *U8's on Foam Nipper Boards will only be allowed after Jan 1st, **AT TRAINING ONLY**, with requirements of completing the U9 preliminary requirements.

U11/12/13 – Fiberglass Nipper Paddle Boards

U14 – Long Mal Paddle Board

14) Must I join a club as a parent?

Yes, parent's must join the club and it can be as an Associate Member or complete their SRC/Bronze Medallion and become a patrolling Active Member of the club.

15) What happens when a child does not pass the Junior Activities Preliminary Evaluation?

Any child that does not meet the required preliminary evaluation level will not be able to participate and the family will receive a refund for their membership.

16) Can children wear goggles and a wetsuit?

Of course! They can wear a wetsuit and goggles anytime they wish. Please note that during competition, a wetsuit can only be worn if the water temperature drops below 16 degrees. Goggles are permitted to be worn in the water at any time.

17) How do I become an Age Manager Assistant?

Age Manager Assistants are a vital component on the beach in assisting Age Managers each week. Age Manager Assistants can join from 13 years of age and upon completion of the online component of the Age Manager course prior to taking on the role of Age Manager Assistant.

CLUB CONTACTS

Board of Directors

President	Ross Fisher
Duty President	Brett Leckie
Director of Finance	Rob Harney
Director of Administration	Barry Leek
Director of Lifesaving	Roger Aspinall
Director of Surf Sports	Alan Rogers
Director of Junior Activities	Shaun Baker

Junior Activities Committee

Deputy Director of JAC	Nick Caple
Age Manager Coordinator	Andrea Baker
Senior Team Manager	Adam Cant
Junior Team Manager	Kate Farley
Water Safety Coordinator	Gary Javonena
Sponsorship Coordinator	Vacant
Seahorse Nippers Coordinator	Stephen Mawby
Gear Steward	Adam Cant

Administration Staff

General Manager	Byron Mills
Club Administrator	Tanya Duncan
Finance Administration	Sharon Henderson
Education Manager	Sacha Tapara-Beaton
Surf Education Coordinator	Lyndon Forlonge
Lifesaving Administration	Anna Widdicombe
Surf Sports Administration	Jan Nel
Membership Development	Renee Scully
JAC Administration	Sheridan Bird
Head Coach	Darren Mercer OAM
Receptionist	Justine Gorton

CONTACT DETAILS

Noosa Heads Surf Life Saving Club
P O Box 7, Noosa Heads QLD 4567
P: (07) 5448 0900; F: (07) 5448 0866

Email: admin@noosasurfclub.com.au or nippers@noosasurfclub.com.au

Find the information you need on our website: www.noosasurfclub.com.au

STAY CONNECTED

NHSLSC Club Monthly Newsletter

www.noosasurfclub.com.au

Join the Nipper group on Team App **(This is a must for information)**



SCAN ME



Find us on
Facebook

Noosa Nippers

Other Noosa Heads Surf Life Saving Club Facebook Pages

Noosa Heads Surf-Sports: For all surf sport competitors, this page has Training and Carnival information and results with lots of photos of our wonderful competitors.

Noosa Next Wave: Noosa Next Wave is a program for active 13yrs to 17yrs who hold their SRC or Bronze and is specifically designed. A must for all cadets and people who want to keep up to date with what activities are happening with our junior members.

Seahorse Nippers: Seahorse nippers is an inclusive program for children and young people with physical and mental challenges to be involved with a nipper program. Noosa Heads Surf Life Saving Club: Lots of photos and information about our fantastic Seahorse Nippers program.



Follow us on **Instagram**

NoosaNippers