



Noosa Heads Surf Life Saving Club

NIPPERS HANDBOOK
2021-2022
SEASON

TABLE OF CONTENTS

Welcome	1-2
Our Program	3
Membership & Age Categories	4-5
Swimming Competencies	6
Club Points & Attendance	7
Facilities	8
Club Hours	8
Courses and Parent Participation	9
Nipper Sundays	10
Nipper Training	11
Carnivals.....	12
JAC Policies & Subsidies	12
Season's Calendar.....	13
Code of Conduct	14
Reporting Disclosures of Harm	15
Reporting Complaints, Grievances or Incidents	16
Club Contacts	17
Stay Connected	18

WELCOME

On behalf of the Board of Directors of the Noosa Heads Surf Life Saving Club, I would like to welcome our returning and new junior members together with your families to the 2021-22 Nipper season.

Our Club has always held the junior program in the highest regard and is proud of our results in educating our junior members in surf safety and awareness together with fostering future patrolling Life Savers and Surf Life Saving competitors.

We are most fortunate this year to have yet again a highly motivated Junior Activities Committee led by Shaun Baker who not only enjoys the full support of his Committee but the Club's Management Committee and membership base.

I would encourage you all to make yourself known, to Shaun Baker and the JAC Committee, Nick Caple, Andrea Baker, Loani McGarry, Rosie Cooper, Brett Morris, Tom Britten, and Kim Andrew, so as you might engage yourself in the program. In that regard, there are a variety of roles in which we can all help and you will find the junior activities group a most welcoming and fun lot at the morning set up, BBQs, Water Safety, and wash down sessions.

So can I again welcome you all, and encourage you all to engage with Age Managers, the Water Safety Supervisor, Coaches, Team Managers, and the BBQ Co-Ordinator, so that our Nippers and youth can have a rewarding, fun, productive, and safe Nipper Season.

Yours in Life Saving



WELCOME

On behalf of the Junior Activities Committee (JAC), I would like to welcome all returning and new families to the 2021-22 Nippers season. The newly elected committee has been hard at work to ensure safe and enjoyable Nipper programs can be delivered at Noosa and Peregian.

I am really excited about the season ahead and would like to thank the Board of Directors for their continued support of the JAC and the Nipper program.

The Nippers program introduces children between 5 and 14 years old to Surf Lifesaving. It is a fun outdoor activity that grows a child's confidence and teaches valuable surf awareness skills and life lessons while building lifelong friendships on Sundays. The program also creates pathways into Lifesaving and opportunities for Nippers to participate in Junior and Senior Surf Sports carnivals, First Aid, and CPR. Not only does the program give our nippers practical skills but we also provide a nurturing environment in which our nippers can develop into responsible young adults.

The delivery of the program at Noosa and Peregian is dependent on the commitment of volunteers with the support of the Nipper Administrator (and broader Administration team) and Coaches. If you would like to get involved whether it be setting up the beach on a Sunday morning or becoming an Official, Age Manager, or Water Safety Officer please email nippers@noosasurfclub.com.au. The Club will happily provide you with support and assistance in completing these courses as well as the flexibility to work around your available hours.

Please take the time to read this booklet thoroughly as it is a wonderful source of information for the 2021-22 season.

See you on the beach!



OUR PROGRAM

Nippers was established at the Noosa Heads Surf Lifesaving Club in 1967. With 52 years experience we have grown to be the largest nippers program in Queensland. The program runs across both Noosa Heads and Peregrine Beach. This gives families the flexibility of two different beach conditions. Peregrine Beach has a small welcoming community. Peregrine's program is in its inaugural season and is continuing to flourish. Noosa Heads provides more sheltered conditions and an awesome competitive edge. Both locations have the same program, family-friendly environment and value for money.

The nipper program is designed to introduce children aged 5 to 14 to Surf Lifesaving. It is a fun outdoor activity that grows a child's confidence and teaches valuable surf awareness skills. Our aim is to provide a safe, family-friendly and fun environment for our Nippers. Kids living on the coast should be equipped with the best skills and knowledge for safe use of Australian beaches. Our Nippers today are the next generation of Surf Lifesavers.

NOOSA BEACH

The Noosa Program is run at the Noosa Main Beach. This beach stretches from the base of the heads to the mouth of the river.



PEREGRINE BEACH

The Peregrine Program is run at the main beach in Peregrine Beach. This beach is a stretch of open beach.



MEMBERSHIP & AGE CATEGORIES

Noosa Heads SLSC membership year is from 1st July through to 30th June each year. Renewal applications will normally be forwarded during June. Membership includes insurance and affiliation with both SLSQ and SLISA.

Membership applications are to be completed on the Members Portal (website <https://portal.sls.com.au>). All applications must be approved by the Management Committee and fees must be paid prior to participation in any club activities including training and courses. Be sure to update any changes of your details, including your driver's license and blue card details.

Two Easy Steps to RENEW your Membership

This whole process can be done on your computer at home or even on your phone. Just follow these three easy steps, the Noosa Reception office also has an iPad for anybody needing further assistance. Please note that all memberships will end on the 30th of June.

1. MEMBER'S PORTAL

To renew your membership, you need to access your members portal. Head to the membership tab and select the FAMILY drop-down and select renew membership for your family group. At this stage you can also update details. Don't forget to SUBMIT. Follow the link to head to the members portal https://members.sls.com.au/SLISA_Online/modules/login/index.php

2. MAKE A PAYMENT

Once you have renewed all members of the family and updated any contact details then you are ready to pay. After you have paid for the membership your membership will be processed by the club. This can take up to 2-3 business days. We will be in contact with you if there are any missing steps

Nipper Family Membership

One Child, Up to 2 Parents - \$250

Two Children, Up to 2 Parents - \$300

Three + Children, Up to 2 Parents - \$350

MEMBERSHIP & AGE CATEGORIES

Applying as a NEW Member

• Joining Form

All our memberships are processed online to make it easier for you. Head to <https://sls.com.au/join/> to get started. All family members that will be participating INCLUDING AT LEAST ONE PARENT will need to fill the entire form. We require one parent to join the family.

• Payment

Once you've completed your form you will need to pay for your year of membership.

Nipper Family Membership Fees

One Child, Up to two parents - \$250

Two Children, Up to two parents - \$300

Three + Children, Up to two parents - \$350

Your application will be sent to the admin team for processing. Please contact us at nippers@noosasurfclub.com.au or call 07 5448 0900 if you have any issues.

Age Categories

Surf Life Saving Queensland has deemed that all nippers are to participate in the program in their designated age groups. We are unable to change age groups for any nipper. The cut-off for nipper age groups is the 30th of September.

AGE GROUP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
U6	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	2016
U7	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	2015
U8	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	2014
U9	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	2013
U10	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012
U11	2010	2010	2010	2011	2011	2011	2011	2011	2011	2011	2011	2011
U12	2009	2009	2009	2010	2010	2010	2010	2010	2010	2010	2010	2010
U13	2008	2008	2008	2009	2009	2009	2009	2009	2009	2009	2009	2009
U14	2007	2007	2007	2008	2008	2008	2008	2008	2008	2008	2008	2008
U15	2006	2006	2006	2007	2007	2007	2007	2007	2007	2007	2007	2007

SWIMMING COMPETENCIES

ALL nippers **MUST** complete a pool swimming evaluation to participate in the program. In order to attend Nippers Training and Nipper Sundays, nippers must also complete a run-swim-run evaluation. If the nipper wishes to compete at surf sports events, they will need to complete a second run-swim-run directly following the first. Please refer to the chart below for competency and evaluation standards.

JUNIOR PRELIMINARY SKILLS EVALUATION TABLE

	Preliminary Evaluations Both Pool and Competency Beach Evaluations		Competition Evaluation	Age Award
	Pool Evaluation	Competency Beach Evaluation (Run-Swim-Run)		
Water Safety	1:5	1:5	1:5	1:5
Under 6	Kick on wall with face in water 30 second float	Nil (shallow water activities only)	N/A (No Competition)	Surf Play 1
Under 7	Torpedo (push off wall) with face in the water 30 second float	Nil (shallow water activities only)	N/A (No Competition)	Surf Play 2
Under 8	25 metre swim (freestyle) 1 minute survival float	25m-25m-25m Run-Wade-Run	25m-25m-25m Run-Wade-Run	Surf Aware 1
Under 9	50 metre swim (freestyle) 1 minute survival float	50m-50m-50m Run-Swim-Run	After completing the Run-Swim-Run they must complete a second immediately following to pass	Surf Aware 2
Under 10	50 metre swim (freestyle) 1.5 minute survival float	50m-50m-50m Run-Swim-Run	After completing the Run-Swim-Run they must complete a second immediately following to pass	Surf Safe 1
Under 11	100 metre swim (freestyle) 2 minute survival float	50m-100m-50m Run-Swim-Run	After completing the Run-Swim-Run they must complete a second immediately following to pass	Surf Safe 2
Under 12	100 metre swim (freestyle) 2 minute survival float	50m-100m-50m Run-Swim-Run	After completing the Run-Swim-Run they must complete a second immediately following to pass	Surf Smart 1
Under 13	150 metre swim (freestyle) 3 minute survival float	100m-100m-100m Run-Swim-Run	After completing the Run-Swim-Run they must complete a second immediately following to pass	Surf Smart 2
Under 14	200 metre swim (freestyle, in less than 5 minutes) 3 minute survival float	100m-100m-100m Run-Swim-Run	After completing the Run-Swim-Run they must complete a second immediately following to pass	Surf Rescue Certificate

CLUB POINTS & ATTENDANCE

Our Primary focus at nippers is developing aquatic competence and confidence. To gain the necessary skills and knowledge, regular attendance and participation at nippers is important.

At the end of the season awards are presented at the presentation/break up days, attendance and participation do have a huge impact on the final awards.

There is TWO Nipper Club Championship days throughout the season. These days are a full club carnival day which includes a combination of both water and beach events and sees involvement from our Nippers U8's right up to our U14's.

Points are awarded as follows:

- 1st Place - 6 Points
- 2nd Place - 5 Points
- 3rd Place - 4 Points
- 4th Place - 3 Points
- 5th Place - 2 Points
- 6th Place - 1 Point

The Nippers with the highest points total after the two events will be awarded with the Age Groups Club Championship title. To be eligible for any awards the Nippers must attend a MINIMUM of 75% of Nippers Sundays and they must have completed the relevant Age Award for their Age group. Information about the Club Championships is communicated closer to the day through messages from the club administration and also via the Age Managers.

FACILITIES

Nippers have a variety of facilities available to them:

- Nipper shed shower **ONLY during Nipper Sundays**
- Monthly newsletter
- Boards and Nippers Equipment **please note this is during training and nipper Sundays only**
- Participation in surf sports carnivals and training with qualified coaches **Additional costs may apply**
- Various discounts at the Supporters' Club (Bar, restaurant, pokies & TAB; minors must be accompanied by an adult)
- Reciprocal rights with other clubs **This is at the discretion of other SLS Clubs and their policies**

CLUB OFFICE HOURS

Noosa Heads Surf Life Saving Club's members area facilities, including kitchen and changerooms, are for active members only and can be accessed via security toggle. Access is tailored by membership category and generally covers any time between 5:00 am and 9:00 pm 7 days a week. Access to the gym facilities is according to criteria being met, which you can find in the Club policies on the website.

Noosa Administration Office is open for all Noosa and Peregrine queries:

Monday	12:00 pm to 5:00 pm
Tuesday to Friday	9:00 am to 5:00 pm

Access to the Administration Office is via the forecourt on the beachside of the building.

The Noosa Heads Supporters' Club restaurant is open from:

Monday to Sunday	11:00 am to 8.30 pm
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COURSES & PARENT PARTICIPATION

The Nippers Program runs each Sunday morning with the help of many volunteers. As with all programs involving young people, it's the parents and guardians that make it a success, so we'd love you to join in! A helping hand with the beach set-up and pack-down or nipper activities on the beach ensure the mornings run smoothly for everyone.

What's more, many of our parents and guardians obtain their Surf Rescue Certificates (SRC) and Bronze Medallion qualifications so they can provide support and engorgement in the water with their kids. We need enough Water Safety crew for our water events to go ahead, plus the kids love having mum, dad, guardian or siblings out there with them! SRC and Bronze Medallion courses are held throughout the season. If you are interested in completing a course head to <https://www.noosasurfclub.com.au/register-for-courses/> or call 07 5448 0900 and ask for Anna in lifesaving.

Course Name	Prerequisite	Job Description
Bronze Medallion	Must be 15 years of age and must be able to swim 400m freestyle in a pool in under 9 minutes. Hold a current Blue Card	To patrol the beaches and provide water safety to nippers
Surf Rescue Certificate	Must be 13 years of age and must be able to swim 200m freestyle in a pool in less than 5 minutes. Hold a current Blue Card	To provide water safety to nippers
Age Manager	Must be 15 years of age. Hold a current Blue Card	Responsible for teaching nippers about beach safety
Official	Must be 15 years of age. Hold a current Blue Card	Officiate at surf sports carnivals.

All members in supporting roles have to complete a 'SLSQ Child and Youth Risk Management Strategy' (CYRMS) and 'SLS Children Safe Awareness Course'. This is in accordance with the Working with Children (Risk Management and Screening) Act 2000. All parents wishing to participate as supporting roles MUST hold a current Working with Childrens BlueCard.

You can see all the current seasons course dates on the Noosa Surf Club's website by going to <https://www.noosasurfclub.com.au/life-saving-training-proficiencies/>

NIPPERS SUNDAYS

SIGN IN/OUT

Upon arrival at the Club, parents **MUST** complete two sign-ins. One is the COVID-19 QR code and the other is the Nipper Age sign-on sheet to register their Nipper/s for the session.

Nippers must be signed in **EVERY** Nipper Sunday. If you do not sign on and sign off your Nipper's attendance will not be counted. This may affect your eligibility for subsidies and awards. Parents **MUST** be in attendance for the entirety of the program for emergency reasons. Nippers without parents in attendance will be sat out of activities. Sign out must be completed before leaving the beach. If you do not sign out your Nipper, you will be contacted regarding the whereabouts of your child. If you need to sign out early, please ensure to sign out with your Nippers age groups Parent Liaison.

SESSION TIMES

Location: Noosa

U6 - U7	7.00am – 8.00am
U8 - U10	7.00am - 8.30am
U11 - U14	8.00am – 10.00am

Location: Peregrine

U6 - U7	8.00am – 9.00am
U8 - U9	8.00am – 9.30am
U10 - U14	8.00am - 10.00am

UNIFORM

Nippers must always wear their colored nipper cap and pink hi-vis singlet during the session. **This is a strict Surf Life Saving Australia (SLSA) requirement to ensure the safety of the kids.* Club togs are optional on a Nipper Sunday; however, they are compulsory if Nippers wish to compete. The Nippers uniform shop is located in the forecourt and is open from 7 am each Nippers Sunday.

INJURIES

Any injuries sustained either at training or Nipper Sundays need to be reported to the Age Manager or Coach immediately.

It is the Parent's obligation to immediately notify SLSA in writing through your Club's Administration of any change to medical conditions, fitness and ability to participate.

Members under 14 years are unable to be covered by Work cover, therefore they are covered by our Public Liability Insurance. The same limitations apply as above.

NIPPERS TRAINING

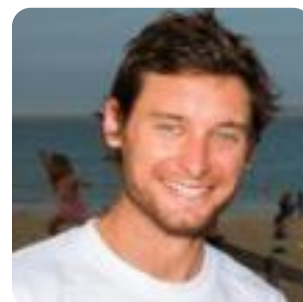
Surf Sports training is held during the week and is optional to attend. We have a crew of professional coaches who develop our Nippers' techniques in the water and on the beach. Training schedules are released fortnightly and will be sent via email. All equipment is provided for training sessions. Nippers need to wear their pink high vis rashie to participate in training sessions.

Each nipper will need to pay \$75 to attend the training sessions. This fee is payable via your members portal. This covers the coaching fees and use of equipment during training sessions.

Woogie Marsh is an energetic coach with a passion for all aspects of a healthy lifestyle, including but not limited to fitness, nutrition and health education. As an accomplished Crossfit Trainer, Woogie's background is predominantly in competitive swimming and Outrigger Canoeing. His coaching focus is on setting goals and encouraging youth participants to work toward achieving their personal best.



Tom Britten is our Peregrine club coach and dedicated to helping build confidence and basic skills in the surf. He is patient, and works well with kids and adults to gain the skills required for Surf Life Saving. Tom is not only a coach but also an Age Manager and Peregrine Nippers Coordinator.



Rupert Anisimoff is our Junior Nippers coach looking after our U8 - U10 nippers. Rupert was a nipper himself and has gone on to become a highly regarded patrolling member and Patrol Captain of the club. He has the knowledge and experience to teach our young Nippers the basic skills needed for the early years in the program.



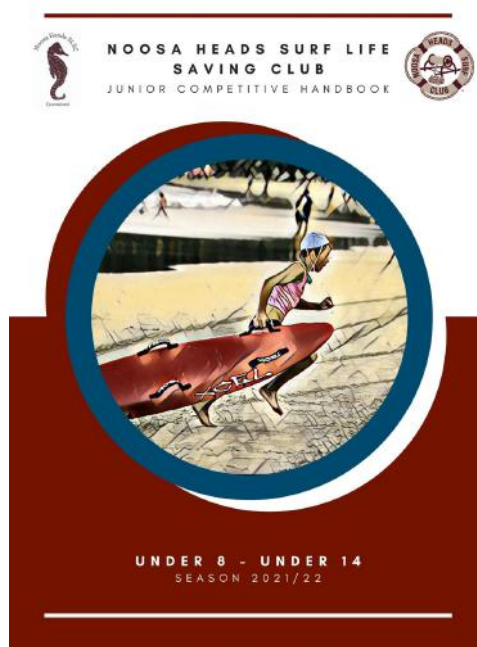
CARNIVALS

Our Nippers program includes competing in surf sports carnivals. Please note Nippers will have to pass an evaluation in order to compete as stated in 'Swimming Competencies & Evaluations' page.

Surf Sports Carnivals are held over 1- 2 days, there are usually 2-4 carnivals for each age group. These carnivals are against other Sunshine Coast regional clubs and take place between Rainbow Beach and Redcliffe Beach (refer to the calendar for this season's carnival dates and locations).

For more detailed information on competing please refer to our 'Junior Competitive Handbook'.

JUNIOR COMPETITIVE HANDBOOK



JAC POLICIES & SUBSIDIES

All Junior Activities policies and subsidy agreements are available online for your perusal. Head to <https://www.noosasurfclub.com.au/club-policies/> and look for policies with the JAC prefix. The Junior Activities Committee does supply swimming and board subsidies you can find these on the website. Ensure you read the policy carefully and that you are able to meet all requirements. If you have any questions about club policies or the Nipper subsidies please contact us via nippers@noosasurfclub.com.au or call 07 5448 0900.

SEASON'S CALENDAR

Please note these dates are subject to change. As of the 16th of August, these are the set dates for all events and carnivals. You can find a copy of the calendar on our website.

Nippers Calendar 2021 - 2022 Season																															
	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Functions	Pool Sign on	Nipper Sundays	Carnivals	School Holidays	Public Holidays	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu
Aug																															
Sep																															
Oct																															
Nov																															
Dec																															
Jan																															
Feb																															
Mar																															



QUEENSLAND

CODE OF CONDUCT FOR MEMBERS

Members and all people involved in any way with SLS will:

- a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself
- b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations
- c) Be professional in, and accept responsibility for your actions
- d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others
- e) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS
- f) Understand the possible consequences of breaching the codes and/or this policy
- g) Report any breaches of the codes or this policy to the appropriate PPA
- h) Refrain from any form of abuse, harassment, discrimination and victimisation towards others
- i) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner
- j) Provide a safe environment for the conduct of activities in accordance with any relevant SLISA policy
- k) Show concern, empathy and caution towards others that may be sick or injured
- l) Be a positive role model to all
- m) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information
- n) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s)
- o) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development
- p) Refrain from intimate relations with persons over whom you have a position of authority
- q) Agree to abide by the codes
- r) Maintain a duty of care towards others
- s) Be impartial and accept the responsibility for all actions taken

Person in Position of Authority (PPA):

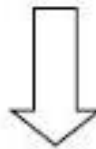
PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

REPORTING DISCLOSURE OF HARM

The Noosa Heads Surf Life Saving Club takes the safety of all members seriously. We have a process as below in reporting any forms of abuse a Nipper parent or member may witness towards a youth member.

RECEIVING A DISCLOSURE

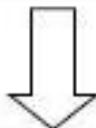
- *Remain calm and find a private place to talk*
- *Explain why you can't keep it a secret*
- *Only ask enough questions to confirm the need to report the matter*
- *Do not attempt to conduct your own investigation*



DOCUMENTING A DISCLOSURE

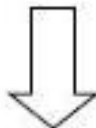
Complete an incident report form and include:

- *Time, date and place of the disclosure*
- *'Word for word' what happened and what was said, including anything you said and any actions that have been taken*
- *Date of report and signature*



REPORTING A DISCLOSURE

- *If life threatening or child is in immediate danger – Ph: 000*
- *Department of Communities Child Safety and Disability Services – Ph: 1800 811 810*
- *Queensland Police Service (ph: 5440 8111)*

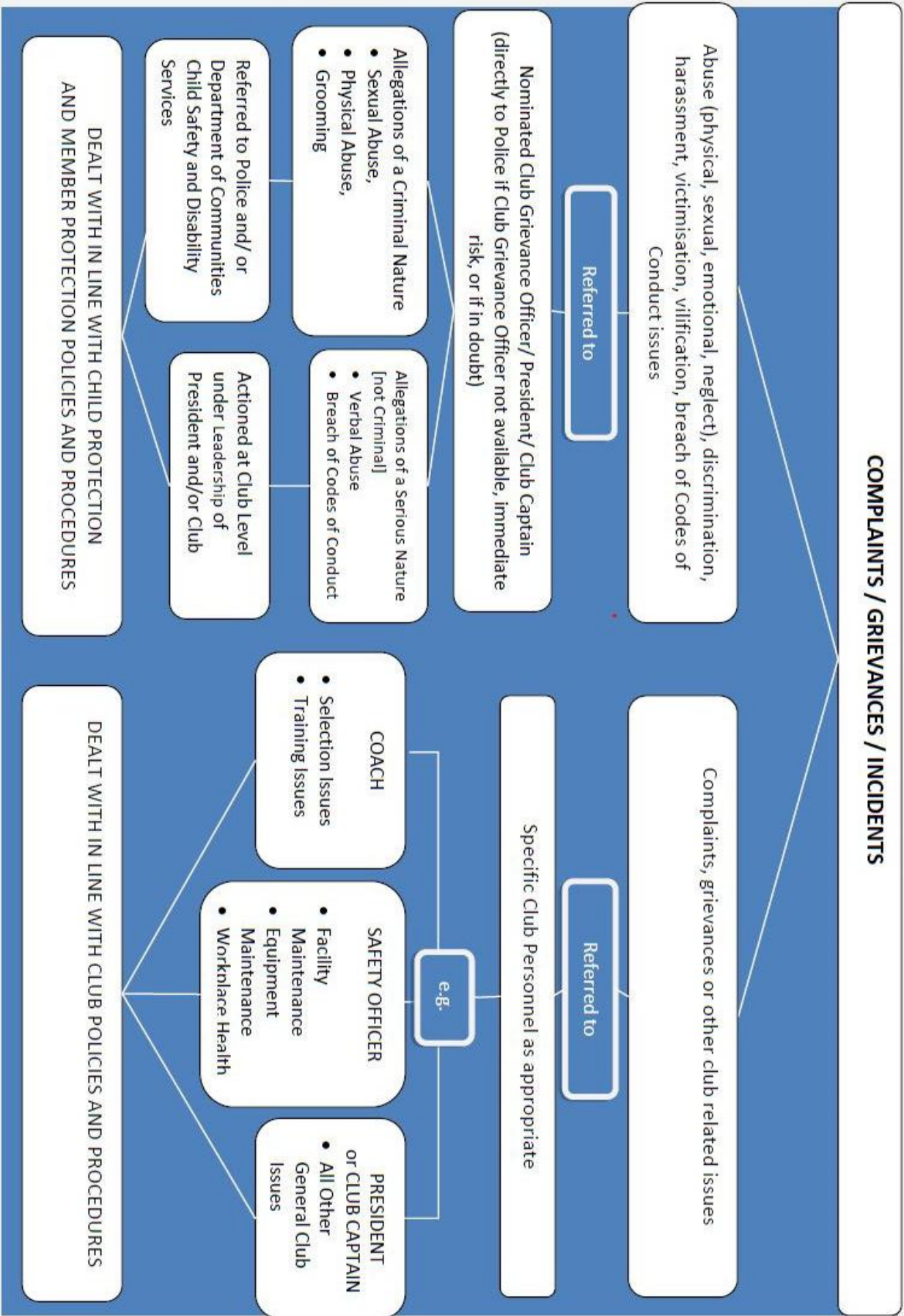


FOLLOWING A DISCLOSURE

- *Support and counselling will be offered to all parties involved.*
- *The policies and procedures for handling disclosures or suspicions of harm are to be reviewed.*

REPORTING COMPLAINTS, GRIEVANCES AND INCIDENTS

If any Nipper members or parents have a complaint they are asked to follow the below flowchart. Your Age Manager or Program Coordinator are your contacts to reach out to.



CLUB CONTACTS

Board of Directors

President	Ross Fisher
Duty President	Brett Leckie
Director of Finance	Rob Harney
Director of Administration	Barry Leek
Director of Lifesaving	Roger Aspinall
Director of Surf Sports	Alan Rogers
Director of Junior Activities	Shaun Baker

Junior Activities Committee

Deputy Director of JAC	Nick Caple
Age Manager Coordinator	Andrea Baker
Peregrine Coordinator	Brett Morris & Tom Britten
Coaching Coordinator	Vacant
Senior Team Manager	Loani McGarry
Junior Team Manager	Rosie Cooper
Water Safety Coordinator	Vacant
Sponsorship Coordinator	Kim Andrew

Administration Staff

General Manager	Byron Mills
Club Administrator	Tanya Duncan
Finance Administration	Sharon Henderson
Community Education/Lifesaving	Riley Palmer
Lifesaving Administration	Anna Widdicombe
Surf Sports Administration	Jan Nel
Membership Development	Renee Scully
JAC Administration	Sheridan Bird
Head Coach	Darren Mercer OAM
Receptionist	Justine Gorton

CONTACT DETAILS

Noosa Heads Surf Life Saving Club

P O Box 7, Noosa Heads QLD 4567

P: (07) 5448 0900; F: (07) 5448 0866

Email: admin@noosasurfclub.com.au or nippers@noosasurfclub.com.au

Find the information you need on our website: www.noosasurfclub.com.au

STAY CONNECTED

Members Newsletter www.noosasurfclub.com.au
and subscribe to the newsletter



Find us on
Facebook

Noosa Nippers

Peregian Nippers

Other Noosa Heads Surf Life Saving Club Facebook Pages

Noosa Heads Surf-Sports: For all surf sport competitors, this page has Training and Carnival information and results with lots of photos of our wonderful competitors.

Noosa Next Wave: Noosa Next Wave is a program for active 13yrs to 17yrs who hold their SRC or Bronze and is specifically designed. A must for all cadets and people who want to keep up to date with what activities are happening with our junior members.

Seahorse Nippers: Seahorse nippers is an inclusive program for children and young people with physical and mental challenges to be involved with a nipper program. Noosa Heads Surf Life Saving Club: Lots of photos and information about our fantastic Seahorse Nippers program.



Follow us on **Instagram**

Peregian Nippers

NoosaNippers

Seahorse Nippers