



2021/22 SKILLS MAINTENANCE DATES

	DRY & WET SESSION	DRY SESSION	Good Shepherd Lutheran College Pool
1	Sunday 5 September 7:00 am to 1:00pm Venue: Noosa Main Beach		Monday 30 Aug @ 6pm Thursday 2 Sept @ 6pm
2		Tuesday 14 September 6:00 pm to 9:00pm Venue: Peregian Beach	
3	Wednesday 22 September 7:00 am to 1:00pm Venue Noosa Main Beach		Thursday 16 Sept @ 6pm Monday 20 Sept @ 6pm
4	Wednesday 29 September 7:00 am to 1:00pm Venue: Noosa Main Beach		Thursday 23 Sept @ 6pm Monday 27 Sept @ 6pm
5	Sunday 10 October 7:00 am to 1:00pm Venue: Noosa Main Beach	Wednesday 6 October 6:00 pm to 9:00 pm Venue: Peregian Beach	Monday 4 Oct @ 6pm Thursday 7 Oct @ 6pm
6	Sunday 24 October 7:00 am to 1:00pm Venue: Peregian Beach	Wednesday 20 October 6:00 pm to 9:00 pm Venue: Peregian Beach	Monday 18 Oct @ 6pm Thursday 21 Oct @ 6pm
7	Saturday 13 November 7:00 am to 1:00pm Venue: Noosa Main Beach		Thursday 8 Nov @ 6pm Monday 11 Nov @ 6pm
8	Sunday 14 November 7:00 am to 1:00pm Venue: Noosa Main Beach		Thursday 8 Nov @ 6pm Monday 11 Nov @ 6pm
9	Sunday 28 November 7:00 am to 1:00pm Venue: Peregian Beach		Monday 22 Nov @ 6pm Thursday 25 Nov @ 6pm
10	Wednesday 15 December 7:00 am to 1:00pm Venue: Noosa Main Beach		Thursday 9 Dec @ 6pm Monday 13 Dec @ 6pm

MEMBERS, please refer to the attached to access the following on the Members Portal

How to enrol in a Skills Maintenance Session

How to access the online Skills Maintenance courses

All pool swims must be timed and completed at the Good Shepherd Lutheran College (GSLC) Pool at **one of the designated club swim nights, as per the "2021/22 Skills Maintenance Dates."** If unable to attend the GSLC pool sessions, please contact the Director of Lifesaving (Club Captain) or the Chief Training Officer as prior approval **MUST** be authorised to attend another pool. (Refer Proficiencies Policy Version 2 -27/09/2015)

Pool Swim prerequisites for proficiencies:

SRC - 200m pool swim within 5 minutes

BM - 400m pool swim within 9 minutes

If you hold one or more of the following awards BM, SRC, ART, IRBC SMIRBD Radio, First Aid you need to attend a Skill Maintenance Day.

The only exception is if you gained your award after 30 June this year. Must be a current financial member of Noosa Heads SLSC.