

## PROFICIENCY INFORMATION:

### Skill Maintenance Proficiency

The SLSQ 2020/21 Skills Maintenance Theory Paper is now available online for members to complete via the SLSA Members Portal in the courses area.

From the Training Library within e-learning, members must ensure that they select view course for **SLS- Lifesaving Queensland** in the course category option.

Then enrol (Free) into the SLSQ—2020/21 Season Skills Maintenance Bulletin which has both the reading and question paper.

Please remember that when you complete your Skills Maintenance Online Theory questions you **MUST** print your Certificate of Completion as proof of completion and bring it with you to your practical proficiency session or email your Certificate of Completion to [Lifesaving@noosasurfclub.com.au](mailto:Lifesaving@noosasurfclub.com.au)

All pool swims must be timed and completed at the Good Shepherd Lutheran College (GSLC) Pool at **one of the designated club swim nights, as per the "2020/21 Skills Maintenance Dates."** If unable to attend the GSLC pool sessions please contact the Director of Lifesaving (Club Captain) as prior approval **MUST** be authorised to attend another pool. (Refer Proficiencies Policy Version 2 - 27/09/2015)

Pool Swim pre requisites for proficiencies:

**SRC** - 200m pool swim within 5 minutes

**BM** - 400m pool swim within 9 minutes

Proficiencies are to be completed within the same week eg Theory mid-week (6pm to 9 pm) and wet session weekend (8am to 10.30am) or wet and dry on the weekend combined (8am to 2pm),

- If you hold one or more of these awards: BM, SRC, ARTC, IRBC, SMIRBD, Radio, First Aid you need to attend proficiency.
- The only exception is if you gained your award after June 30 this year.
- All proficiencies must be completed by **December 31**
- Must be a current financial member of Noosa Heads Surf Lifesaving Club.

If you have any questions please do not hesitate to contact Lifesaving Administration

### Contact Us

P: 07 5448 0900

E: [Lifesaving@noosasurfclub.com.au](mailto:Lifesaving@noosasurfclub.com.au)

[www.noosasurfclub.com.au](http://www.noosasurfclub.com.au)

2020-2021

# Skills Maintenance Proficiency Dates

Noosa Heads  
Surf Life Saving Club



# 2020-2021 SKILLS MAINTENANCE DATES

V4 17 August 2020

	DRY SESSION	WET SESSION	WET & DRY SESSIONS IRB Driver & Crew Skill Maintenance	POOL Designated Swim Night
1	Wednesday 09 September 6:00 to 9:00pm Venue: Peregian Beach	Sunday 13 September 7:00am SHARP to 10:30am Venue: Noosa Main Beach	Sunday 13 September 7:00am SHARP to 1:00pm Venue: Noosa Main Beach	Monday 07 September @ 6:15pm Thursday 10 September @ 6:15pm
2			Wednesday 23 September 7:00am SHARP to 1:00pm Venue: Noosa Main Beach	Monday 21 September @ 6:15pm
3			Wednesday 30 September 7:00am SHARP to 1:00pm Venue: Noosa Main Beach	Monday 28 September @ 6:15pm
4	Wednesday 7 October 6:00 to 9:00pm Venue: Peregian Beach	Saturday 10 October 7:00am SHARP to 10:30am Venue: Noosa Main Beach	Saturday 10 October 7:00am SHARP to 1:00pm Venue: Noosa Main Beach	Monday 5 October @ 6:15pm (Public Hol) Thursday 8 October @ 6:15pm
5	Wednesday 11 November 6:00 to 9:00pm Venue: Peregian Beach	Saturday 14 November 7:00am SHARP to 10:30am Venue: Peregian Beach	Saturday 14 November 7:00am SHARP to 1:00pm Venue: Peregian Beach	Monday 9 November @ 6:15pm Thursday 12 November @ 6:15pm
6	Wednesday 2 December 6:00 to 9:00pm Venue: Peregian Beach	Sunday 6 December 7:00am SHARP to 10:30am Venue: Peregian Beach	Sunday 6 December 7:00am SHARP to 1:00pm Venue: Peregian Beach	Monday 30 November @ 6:15pm Thursday 3 December @ 6:15pm
7			Wednesday 16 December 7:00am SHARP to 1:00pm Venue: Noosa Main Beach	Monday 14 December @ 6:15pm

**BOOK NOW! Limited Space - 50 MAX**

Please note that proficiencies are subject to change on times and location and are dependent on member demand

Please Note: Timed swims will NOT be conducted on other than the above GSLC pool swim nights.