

These courses fill fast, so register your name with Lifesaving Admin at least two weeks prior to start date on:
lifesaving@noosasurfclub.com
Or call the club 07 5448 0900.

FACILITIES & ACTIVITIES

Active members have a variety of facilities available to them:

- Shower, change room and lockers
- Fully equipped kitchen
- Newsletter
- Social BBQ's
- Access to Supports Club
- Coaching sessions
- Club Swim nights



Contact Us

Noosa Heads Surf Lifesaving Club
69 Hastings Street
Noosa Heads Q 4567

P: 07 5448 0900
E: Lifesaving@noosasurfclub.com.au

Visit us on the web:
www.noosasurfclub.com.au

Noosa Heads Surf Life Saving Club



2020/2021 Course Schedule

Become a Surf Lifesaver !

Bronze Medallion/Cert II in Public Safety

The aim of the course is to provide participants with the skills and knowledge of basic patrolling and surf awareness to be able to participate in lifesaving operations.

Pre-requisite min. age 15 years. Ability to swim 400 meters within 9 minutes. Prior to commencing training you will be required to complete a 400 meter swim within 9 minutes, this is a 6 week course and concludes with an assessment.

Course 1 Saturday 5 September 2020 at 7:00am
Assessment 17 October 2020

Course 2 Saturday 24 October 2020 at 7:00am
Assessment 28 November 2020
Training will be Peregian Beach

Session Days

Tuesday at 6:00-9:00pm :- Peregian Training Room
Sat/Sun at 7:00am-1:00pm:- Noosa Beach or Peregian Beach

Training times and locations may vary due to surf conditions but is at the discretion of the facilitator.

Surf Rescue Certificate

This course is designed for people wishing to help with Water Safety at Nippers.

Pre-requisite minimum age 13 years. Ability to swim 200 meters within 5 minutes.

The Bronze Medallion and Surf Rescue Certificate

First Aid (AID)

Pre-requisite minimum age 14 years

Course 1 Sunday 16 August 2020 8.30am to 4.00pm

Course 2 Wednesday 12 & 19 August 2020

Course 3 Tuesday 20 & 27 October 2020

Time: 6:00pm to 9:00pm

Attendance to both sessions is required.

Venue : Peregian Training Room

Advanced Resuscitation Techniques

Pre-requisite minimum age 15 years

Bronze Medallion or First Aid

Course 1 Wednesday 26 Aug & 2 Sept 2020

Course 2 Tuesday 8 & 15 September 2020

Course 3 Tuesday 10 & 17 November 2020

Time: 6:00pm to 9:00pm

Attendance to both sessions is required.

Venue: Peregian Training Room

Silver Medallion IRB Drivers

Pre-requisite minimum age 17 years, Marine License and be an active IRB crew.

IRB Crew Course

Pre-requisite minimum age 15 years, Bronze Medallion

How to Register

If you would like to further your skills please complete a Course Registration Form: [click here](#) Or email: Lifesaving@noosasurfclub.com.au

Please note the courses are subject to change on times and locations and are dependent on member demand

Silver Medallion Beach Management

Pre-requisites minimum age 17 years, Bronze Medallion, Advanced Resuscitation, First Aid or Radio Operator.

Course 1 Saturday 29 August 2020

Course 2 Saturday 12 September 2020

Time: 8:30am to 4:00pm approx.

School Holiday Courses

Surf Rescue Certificate & Bronze Medallion

- Mon 21 to Sat 26 September 2020
- Mon 28 September to Sat 3 October 2020
- Mon 14 December to Sat 19 December 2020
- Mon 11 January to Sat 16 January 2021

Time: 7:00am to 3:00pm each day
(NO session on Wednesday)

Pre-Requisite:

Surf Rescue Certificate (SRC) - Must be 13 years of age at date of assessment. Ability to swim 200m of freestyle within 5 minutes (SRC)

Bronze Medallion (BM) – Must be 15 years of age at date of assessment. Ability to swim 400m of freestyle within 9 minutes (BM)

How to Register

Members to confirm your attendance please register your name and course date interest.

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