

These courses fill fast, so register your name with Lifesaving Admin at least two weeks prior to start date on:

[lifesaving@noosasurfclub.com](mailto:lifesaving@noosasurfclub.com)

Or call the club 07 5448 0900.

### FACILITIES & ACTIVITIES

Active members have a variety of facilities available to them:

- Shower, change room and lockers
- Fully equipped kitchen
- Newsletter
- Social BBQ's
- Access to Supports Club
- Coaching sessions
- Club Swim nights



## Contact Us

Noosa Heads Surf Lifesaving Club

69 Hastings Street

Noosa Heads Q 4567

P: 07 5448 0900

E: [lifesaving@noosasurfclub.com.au](mailto:lifesaving@noosasurfclub.com.au)

Visit us on the web:

[www.noosasurfclub.com.au](http://www.noosasurfclub.com.au)

# 2019-2020 Course Schedule

Noosa Heads  
Surf Life Saving Club



# Become a Surf Lifesaver !

## Bronze Medallion/Cert II in Public Safety

The aim of the course is to provide participants with the skills and knowledge of basic patrolling and surf awareness to be able to participate in lifesaving operations.

Pre-requisite min. age 15 years. Ability to swim 400 meters within 9 minutes. Prior to commencing training you will be required to complete a 400 meter swim within 9 minutes, this is a 6 week course and concludes with an assessment.

**Course 1** Sunday 11 August 2019 at 8:00am

**Course 2** Sunday 13 October 2019 at 8:00am

**Course 3** To be confirmed

### Sessions Days

Tuesday at 6:00-8:00pm—Noosa Training Room  
Sunday at 8:00am-1:00pm Noosa Main Beach

*Training times and locations may vary due to surf conditions but is at the discretion of the facilitator.*

## Surf Rescue Certificate

This course is designed for people wishing to help with Water Safety at Nippers.

Pre-requisite minimum age 13 years. Ability to swim 200 meters within 5 minutes.

*The Bronze Medallion and Surf Rescue Certificate are both run in conjunction.*

## First Aid (AID)

Pre-requisite minimum age 14 years

Course 1 20 & 27 August 6:00pm-9:00pm

Course 2 22 & 29 October 2019 6:00pm-9:00pm

**Attendance to both sessions is required.**

Venue : Noosa Training Room

## Advanced Resuscitation Techniques

Pre-requisite minimum age 15 years  
Bronze Medallion or First Aid

Course 1 3 & 10 September 2019 6:00pm-9:00pm

Course 2 5 & 12 November 2019 6:00pm-9:00pm

**Attendance to both sessions is required.**

Venue: Noosa Training Room

## Silver Medallion IRB Drivers

**Pre-requisite minimum age 17 years, Marine License and be an active IRB crew.**

## IRB Crew Course

**Pre-requisite minimum age 15 years, Bronze Medallion**

## How to Register

If you would like to further your skills please complete a Course Registration From: [click here](#) Or email: [Lifesaving@noosasurfclub.com.au](mailto:Lifesaving@noosasurfclub.com.au)

## Silver Medallion Beach Management

Pre-requisites minimum age 17 years, Bronze Medallion, Advanced Resuscitation, First Aid or Radio Operator.

Course 1 Saturday 31 August 2019

## School Holiday Courses

### Surf Rescue Certificate & Bronze Medallion

- Monday 1 July to Friday 5 July 2019
- Monday 23 to Friday 27 September 2019
- Monday 30 September to 4 October 2019
- Monday 16 December to 20 December 2019

Time: 8.30am to 4.00pm each day  
[NO session on Wednesday]

### Pre-Requisite:

Surf Rescue Certificate (SRC) - Must be 13 years of age at date of assessment. Ability to swim 200m of freestyle within 5 minutes (SRC)

Bronze Medallion (BM) – Must be 15 years of age at date of assessment. Ability to swim 400m of freestyle within 9 minutes (BM)

## How to Register

Members to confirm your attendance please register your name and course date interest.

If you would like to further your skills please complete a Course Registration From: [click here](#)  
Or email: [Lifesaving@noosasurfclub.com.au](mailto:Lifesaving@noosasurfclub.com.au)

Please note the courses are subject to change on times and locations and are dependent on member demand

**V.1** 8-4-19