

These course fill fast, so register your name with Lifesaving Admin at least two weeks prior to start date on:

lifesaving@noosasurfclub.com

Or call the club 07 5448 0900.

FACILITIES & ACTIVITIES

Active members have a variety of facilities available to them:

- Shower, change room and lockers
- Fully equipped kitchen
- Newsletter
- Social BBQ's
- Access to Supports Club
- Coaching sessions
- Club Swim nights



Contact Us

Noosa Heads Surf Lifesaving Club

69 Hastings Street

Noosa Heads Q 4567

P: 07 5448 0900

E: lifesaving@noosasurfclub.com.au

Visit us on the web:

www.noosasurfclub.com.au

2018-2019 Course Schedule

Noosa Heads
Surf Life Saving Club



Become a Surf Lifesaver !

Bronze Medallion/Cert II in Public Safety

This course is designed for people wishing to patrol the beach.

Pre-requisite minimum age 15 years. Ability to swim 400 metres within 9 minutes.

Course 3

Sunday 3 February 2019 at 8:00am - 6 weeks

Assessment 10 March 2019

Prior to commencing training you will be required to complete a 400 metres swim within 9 minutes, which will be held at the Good Shepherd Lutheran Pool. Date to be confirmed.

Sessions Days

Tuesday at 6:00-8:00pm—Training Room

Sunday at 8:00am-1:00pm Venue: Beach TBC

Surf Rescue Certificate

This course is designed for people wishing to help with Water Safety at Nippers.

Pre-requisite minimum age 13 years. Ability to swim 200 metres within 5 minutes.

The Bronze Medallion and Surf Rescue Certificate are both run in conjunction.

First Aid (AID)

Pre-requisite minimum age 14 years

Course 1 5 & 12 February 2019 at 6:00pm-9:00pm

Course 2 6 April 2019 at 8:30am - 4:00pm

Attendance to both sessions is required.

Venue : Noosa Training room

Advance Resuscitation Techniques

Pre-requisite minimum age 15 years

Bronze Medallion or First Aid

Course 1 19 & 26 February 2019 6:00pm-9:00pm

Course 2 13 April 2019 8:30am-4:00pm

Attendance to both sessions is required.

Venue: Noosa Training Room

Silver Medallion IRB Drivers

Pre-requisite minimum age 17 years, Marine License and be an active IRB crew.

Please complete a Course Registration Form

IRB Crew Course

Pre-requisite minimum age 15 years, Bronze Medallion

Course 1 Thursday 17 January 2019 Theory session

19 & 20 January 2019 Practical session

Silver Medallion Basic Beach Management

Pre-requisites minimum age 17 years, Bronze Medallion, Advanced Resuscitation, First Aid or Radio Operator.

Course 1 Saturday 9 February 2019 at 8:30am

RE-SCHEDULED

SATURDAY 16 FEBRUARY 2019 @ 8.30AM

School Holiday Courses

Surf Rescue Certificate & Bronze Medallion

- Monday 8-12 April 2019
- Monday 1- 5 July 2019

Time: 8.30am to 4.00pm each day
[NO session on Wednesday]

Pre-Requisite:

Surf Rescue Certificate (SRC) - Must be 13 years of age at date of assessment. Ability to swim 200m of freestyle within 5 minutes (SRC)

Bronze Medallion (BM) – Must be 15 years of age at date of assessment. Ability to swim 400m of freestyle within 9 minutes (BM)

How to Register

Members to confirm your attendance please register your name and course date interest.

If you would like to further your skills please complete a Course Registration From: [click here](#)
Or email: Lifesaving@noosasurfclub.com.au

Please note the courses are subject to change on times and locations and are dependent on member demand