

PROFICIENCY INFORMATION:

2018– 2019 Skill Maintenance Proficiency

The SLSQ 2018/2019 Skills Maintenance Theory Paper is now available online for members to complete via the SLSA Members Portal in the courses area.

From the Training Library within elearning, members must ensure that they select view course for **SLS- Lifesaving Queensland** in the course category option.

Then enrol (Free) into the SLSQ—2018/2019 Season Skills Maintenance Bulletin which has both the reading and question paper.

Please remember that when you complete your Skills Maintenance Online Theory questions you **MUST** print your Certificate of Completion as proof of completion and bring it with you to your practical proficiency session or email your Certificate of Completion to Lifesaving@noosasurfclub.com.au

All pool swims must be timed and completed at the Good Shepherd Lutheran College (GSLC) Pool at **one of the designated club swim nights, as per the “2018-2019 Skills Maintenance Dates.”** If unable to attend the GSLC pool sessions please contact the Director of Lifesaving (Club Captain) as prior approval **MUST** be authorised to attend another pool. (Refer Proficiencies Policy Version 2 - 27/09/2015)

Pool Swim pre requisites for proficiencies:

SRC - 200m pool swim within 5 minutes

BM - 400m pool swim within 9 minutes

Proficiencies are to be completed within the same week eg Theory mid-week (6pm to 9 pm) and wet session weekend (8am to 10.30am) or wet and dry on the weekend combined (8am to 2pm),

- If you hold one or more of these awards: BM, SRC, ARTC, IRBC, SMIRBD, Radio, First Aid you need to attend proficiency.
- The only exception is if you gained your award after June 30 this year.
- All proficiencies must be completed by **December 31**
- Must be a current financial member of Noosa Heads Surf Lifesaving Club.

Contact Us

P: 07 5448 0900

E: Lifesaving@noosasurfclub.com.au

www.noosasurfclub.com.au

2018-2019 Skills Maintenance Proficiency Dates

Noosa Heads
Surf Life Saving Club



2018-2019 SKILLS MAINTENANCE DATES

	DRY SESSION	WET SESSION	WET & DRY SESSIONS	POOL Designated Swim Night
1	Wednesday 12 September 6:00 to 9:00pm Venue: Peregian Beach	Sunday 16 September 8:00 to 10:30am Venue: Noosa Main Beach	Sunday 16 September 8:00am to 2:00pm Venue: Noosa Main Beach	Monday 10 September @ 6:00pm Thursday 13 September @ 6:00pm
2			Wednesday 26 September 8:00am to 2:00pm Venue: Noosa Main Beach	Monday 24 September @ 6:00pm
3			Wednesday 3 October 8:00am to 2:00pm Venue: Noosa Main Beach	Monday 1 October @ 6:00pm
4	Wednesday 10 October 6:00 to 9:00pm Venue: Peregian Beach	Saturday 13 October 8:00 to 10:30am Venue: Noosa Main Beach	Saturday 13 October 8:00am to 2:00pm Venue: Noosa Main Beach	Monday 8 October @ 6:00pm Thursday 11 October @ 6:00pm
5	Wednesday 14 November 6:00 to 9:00pm Venue: Peregian Beach	Saturday 17 November 8:00 to 10:30am Venue: Peregian Beach	Saturday 17 November 8:00am to 2:00pm Venue: Peregian Beach	Monday 12 November @ 6:00pm Thursday 15 November @ 6:00pm
6	Wednesday 12 December 6:00 to 9:00pm Venue: Peregian Beach	Sunday 16 December 8:00 to 10:30am Venue: Peregian Beach	Sunday 16 December 8:00am to 2:00pm Venue: Peregian Beach	Monday 10 December @ 6:00pm Thursday 13 December @ 6:00pm
7			Wednesday 19 December 8:00am to 2:00pm Venue: Noosa Main Beach	Monday 17 December @ 6:00pm
	Please note that proficiencies are subject to change on times and location and are dependent on member demand		Please Note: Timed swims will NOT be conducted on other than the above GSLC pool swim nights.	