

from the President

February 2018

Saving Lives is first and foremost in the Noosa Heads Surf Life Saving Club and why we are members who commit to this. Two weekends ago many of our members were put to the test with numerous rescues throughout the weekend in dangerous and treacherous surf conditions from the river mouth to Peregian Beach. These included spinal injuries, fin chops, sprains, head injuries, a mass rescue of 20 swimmers, a rescue of two swimmers after patrol on main beach, recovering two jet ski riders smashed by waves at Granite Bay in huge surf and a member rescuing a woman washed out to sea at Peregian Beach. Many of these incidents were with the cooperation of club lifesavers, professional lifeguards, the ERG and the Police. All were successful and undoubtedly prevented lives being lost. The pm patrol on the Sunday, when the mass rescue was performed, consisted of members from 13 years of age to almost 70 and a lifeguard. There were three 13 yr old SRC boys doing only their 2nd patrol and you can all be extremely proud of the way they conducted themselves and the vital assistance they provided which at the debrief after patrol [before the alarm went up regarding 2 more swimmers in trouble] was acknowledged by Noosa head lifeguard Zac Smith. So we all congratulate these boys who are looking forward to when they can complete their Bronze Medallion Award in a couple of years and in the meantime. contributed to maintaining the Clubs 90 yr old record this year of no lives lost between the flags.





However young lifesaver Jack Mohr, conducted an

amazing and no doubt heroic solo rescue in very dangerous surf conditions at Peregian Beach on the same afternoon round 4pm. Whilst walking along the beach with a friend, a person was noticed in desperate trouble out in the surf and being swept out further to sea. Without hesitation and with no rescue apparatus, board or tube, committed himself and took off in an attempt to save the person struggling to survive.

And save her he most certainly did!

After reaching her he slowly calmed her and then proceeded to return to shore with her quite some distance along the beach and with no support gear. His friend in the meantime had contacted the lifeguards and police and when they arrived were in awe of what Jack had done and had no doubt that he had saved her life so as a Club we congratulate Jack for his fantastic solo effort in those extremely treacherous conditions.



President report continued...

Congratulations to all the competitors in the various sections who have performed and achieved some amazing results in the past month including and in particular, the 1st Aid and Lifesaving Teams, U19 female boat crews, Oceans 6 Team and Nutrigrain finalists along with those who competed for the State Teams. No doubt you have seen the results on the notice boards, in the newspapers or on facebook but if not read further in the newsletter from Surf Sports.





On Monday 26th March, the Baton for the Commonwealth Games will pass through Noosa and finish the day being carried along Noosa Main Beach to finish in front of the Surf Club around 5pm. Club members to receive the honour of carrying the baton include Tony Frost, Jordan Mercer, Electra Outram and Jana Clancy from the Supporters Club. This will be a day where as a Club we will have a wonderful opportunity to showcase both Noosa Beach and ourselves to the world, in our 90th year of lifesaving.

The 90th Birthday Working Group has been meeting and again invite all members to communicate any information or stories you may have to the office for consideration. A tentative date of Saturday September 1st 2018 has been set but will be dependent on the renovations. In the afternoon there could be beach and rescue displays, some races, nippers involvement, marchpast by Senior Team and JAC. It will be a birthday type function in the Supporters Club in the form of a casual party rather than a sit down formal dinner similar to the Annual Dinner but more on this as arrangements are progressed. The Clubs youth will be invited to participate and assist in organising and running it to ensure it will be a birthday to remember into the future.

Yours in Life Saving

Ross

Link to the letter regarding Peregian Beach:

CLICK HERE



06 February 2018

Ross Fisher Noosa Heads SLSC PO Box 7, Noosa Heads, QLD, 4567

Dear Ross,



RE: 2018 Surf Life Saving Sunshine Coast Camp Commando Bush Bash - Awards

On behalf of the Surf Life Saving Sunshine Coast Branch, we would like thank you for your support of the 2018 Surf Life Saving Sunshine Coast Camp Commando Bush Bash at QCCC Mapleton. We would also like to inform you that the program's two prestigious awards, Lifesaver's Lifesaver and Leader's Leader, recognising outstanding achievements on the program were both won by members from Noosa Heads SLSC.

The Lifesaver's Lifesaver award recognises the participant on the program who best exemplifies a Surf Life Saver. They show great kindness, respect, a willingness to learn, a cando attitude and are a team player. This year's Lifesaver's Lifesaver by a unanimous vote was Jed Hamblin. Jed was recognised as outstanding by a number of leaders on the camp both inside and outside of his 'team' on the program and we were extremely impressed by Jed throughout the program.

The Leader's Leader recognises a leader who has displayed outstanding leadership skills over the duration of the program. This year's Leader's Leader was Olivia Blight. Olivia was recognised by all of the Mentors and Coordinators on the program as an outstanding leader. Her positive, can-do attitude shone throughout the program and she was a delight to work with. Her leadership style saw her team work well together and succeed in all of the challenges thrown there way.

Congratulations on the achievements of both of these members. We were impressed by the quality and attitude of all Noosa Heads SLSC members at the 2018 Camp Commando Bush Bash and look forward to working with more of your young members on future programs.

Kind Regards,

MEGAN BLIN

Dep. Director Youth & Membership Development Surf Life Saving Sunshine Coast Branch

ALEESHIA CHICK

Regional Membership & Participation Coordinator – Sunshine Coast Surf Life Saving Queensland





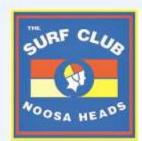
Noosa Heads Supporters Club Renovation

- Enclosing deck with bi-fold windows
- Relocation of eastern amenities
- Inclusion of front reception to ground floor
- Staff room
- Office fit out
- Digital media additions

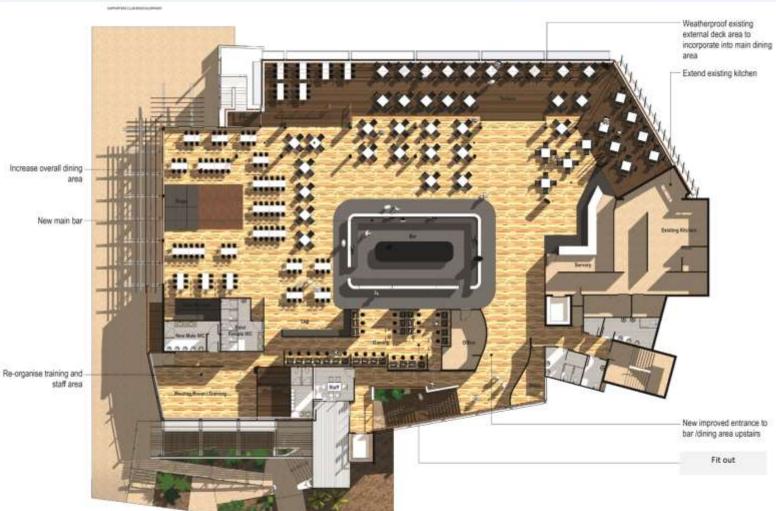
- Office space
- Active Club meeting room
- Stage area
- Bar Modifications
- Improved Audio





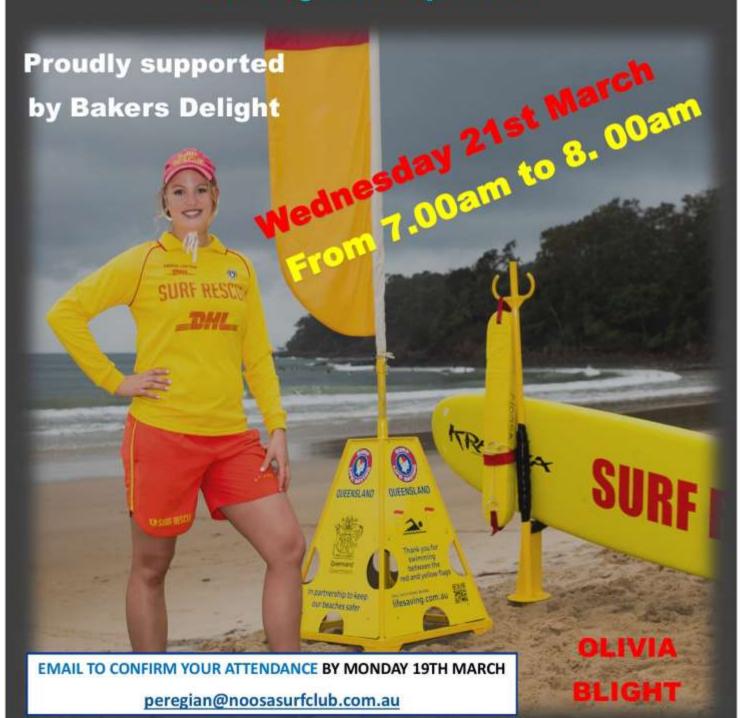




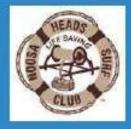


WOMEN IN LIFE SAVING MORNING TEA UPSTAIRS ON THE DECK SUPPORTING OUR SUMMER SURF GIRL

Female members only, all ages invited!
No cost, free to attend!
Morning tea provided on the Supporters Club deck.
Exciting Guest Speakers!



BOUCH PARTY OF THE YEAR SUP





SUPPORTING NOOSA



SUMMER SURF GIRL OF THE YEAR OLIVIA BLIGHT

SUPPORT
SUPPORT
DENNIS SISTERS
DENNIS SISTERS
DENNIS SISTERS
DENNIS SISTERS



Kids Under 18 FREE

FEATURING THE AMAZING
LISA HUNT

Sun 18th March

\$10.00 ENTRY FIRST DRINK INCLUDED
FOOD AVAILABLE
DRESS CODE - BEACH GEAR

TICKETS AVAILABLE AT SURF CLUB BAR OR ON THE DAY

THE BEACH PARTY YOU DON'T WANT TO MISS

Hello Noosa Community Groups!

I'm not sure if you remember but last year we put out the first Sunshine Coast Volunteering Survey, on behalf of the Sunshine Coast Volunteer Stakeholder Reference Group.

The time has come again for us to find out more about what you think of your experience volunteering on the Sunshine Coast.

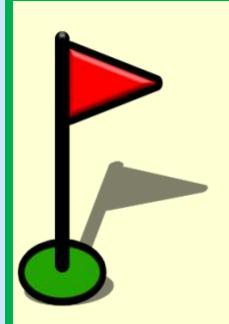
We'd love it if you could take the survey here.

Thanks again. Last year's survey was really helpful.

Megan Marks

Project Officer I Noosa Council





UP COMING GOLF DAY

@ NOOSA SPRINGS

FRIDAY 16TH MARCH 2018

ENTRY FORM—CLICK HERE

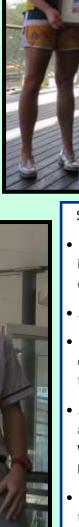
SPONSORS BREAKFAST 2ND MARCH



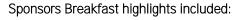












- Presentation of Tom Offermann regarding 25 years supporting Life Saving equipment
- Altum Constructions as a new Sponsor
- Recognition of members performing extreme rescues (Jack Mohr, Eddie Walter, Jed Hamblin and Jackson Smith)
- Jack Frey giving an overview of his up and coming fundraising venture to the Western Front in support of 'Mates for Mates'
- Summer Surf Girl Olivia Blight was there to meet and greet Sponsors.

OCEAN6 UPDATE

Noosa Heads SLSC Surf Sports team contested Round 6 of the Ocean 6 Series in messy, wind blown conditions at Sydney's Cronulla beach over the weekend. It was a weekend to remember for the Club, with Lana Rogers taking out the Ironwoman final for her maiden win in the series. Rogers was joined in the final of the 3 race eliminator format by club members Jordan Mercer and Electra Outram. Outram was eliminated in race 1 and Mercer in race 2, in a sprint to the line for the final 6 positions. Rogers took control of the final race with a superb display of body surfing to take the lead from Newport's Georgia Miller and got away from the field in the board leg. A great achievement for the young lady who has been knocking on the door for a win in the series all season. Rogers, Mercer and Outram have put themselves in the record books, with a 6 straight wins in the open women's Taplin race. It is an achievement that will not be surpassed in the foreseeable future.

Mercer finished the day with a hard fought 2nd place in the open female ski final. For the men, it was an outstanding day, placing 2nd in the open men's Taplin relay. Led by Rhys Burrows on the opening board leg it gave the team a chance with a 10m lead. Jasper Outram gave everything he had in the ski leg and handed over to 15 year old Jayden Morrow, who swam with maturity and composure beyond his years.

This result was the best so far in the club's history. Burrows continued his fine form on the board with an emphatic win in the open board race. This result gave him the series win. In other results the ladies placed 4th and the men 5th in their respective open board relays. Head coach Darren Mercer said "it was one of the best Ocean 6 results for the club and gives the team good momentum going into the upcoming State

and Australian titles".

Peter French | Director of Surf Sports



LIFESAVING NEWS

RADIOS & EQUIPMENT

Please make sure that radios are switched off when placed in the chargers, and that they are correctly engaged into the charger, i.e. the orange light is on.

Too many radios are being found uncharged at the commencement of a patrol because they have not been turned off or positioned correctly.

If you are having a trouble with a radio please leave your name, contact details and radio number on the patrol notes sheet so we can contact you to discuss!

Gear must also be returned to the trailer or ATV's at the end of patrol, especially essential equipment like rescue boards & tubes and Oxy/first aid kits.

Please ensure everything is in order at the end of the patrol.

FIRST AID ROOMS (Peregian & Noosa)

If your patrol uses anything from the First Aid kits please replace it from the drawers in the first aid room (key in the key safe as above). At the start of the patrol please check and restock the kits.

If you use or replace any major items like Oxy cylinders, or the last item in the First aid cupboards, please ensure that you make a note in the Patrol Team folder Notes sheet for the office to follow up.

The First Aid key can be found in the key safe in the corner above the radio shelf at Noosa. Please ask your Patrol Captain for the key. Also stored in the key safer is a spare key for the Lifesaving 4WD, a spare tower key, the key for the National Park and the key that opens the First Aid drawers with the spare supplies to restock. Check it out when you are next on patrol!

CLUB COURSES <u>Advance Resuscitation Techniques</u>

Pre-requisite minimum age 15 years Bronze Medallion or First Aid

Course #2 is being held on 14th and 15th of March from 6:00pm—9:00pm

Attendance to both sessions is required

To confirm your attendance please email lifesaving@noosasurfclub.com.au by Tuesday 6 March 2018.

Register for a Course:

http://www.noosasurfclub.com.au/register-for-courses/

PULSE Advanced Lifesaving Program (18+) - Vacancy has become available

When: Live in development program will be held Friday 9 – Sunday 11 March 2018

Who: The program is open to all active Surf Life Saving Sunshine Coast members over the age

of 18 (any patrolling member) who hold a proficient Bronze Medallion.

Aim: This program will extend the participants' lifesaving knowledge and skills in a hands on,

scenario based learning environment.

PULSE will be the first program in Queensland open to any patrolling member over the age of 18.

A vacancy has become available if you are interested please contact Lifesaving

Admin email: lifesaving@noosasurfclub.com.au

SAVE the DATES SCHOOL HOLIDAY COURSE DATES SRC and Bronze Medallion!

Monday 9 April to Friday 13 April 2018

Monday 2 July to Friday 6 July 2018

Monday 24 September to Friday 28 September 2018

Monday 1 October to 5 October 2018

Monday 17 December to 21 December 2018

Time: 8.30am to 4.00pm each day [NO session on Wednesday]

Pre-Requisite:

Surf Rescue Certificate (SRC) - Must be 13 years of age at date of assessment. Ability to swim 200m of freestyle within 5 minutes (SRC)

Bronze Medallion (BM) – Must be 15 years of age at date of assessment Ability to swim 400m of freestyle within 9 minutes (BM)

How to Register: Members to confirm your attendance please register your name and course date interest to Lifesaving Admin email:

<u>Lifesaving@noosasurfclub.com.au</u>



Circular

Title: Expressions of Interest - Meritorious Coordinators

Audience: All Sunshine Coast Clubs, All Sunshine Coast Club Youth Development Officers, 2018 Camp Commando

Leaders and Mentors

Summary: Calling for expressions of interest for Meritorious Coordinators

Date: 16 February 2018

The Sunshine Coast Branch is currently calling for expressions of interest from members who would like to coordinate both the 2017/18 Season Youth Ball and Awards of Excellence.

These are hands-on roles responsible for delivering both meritorious events. There will be a maximum of four coordinators appointed to the events. These roles are separate to the Branch Board of Youth and Membership Development.

Please find attached Role Description - Meritorious Coordinator.

Interested applicants should send an email confirming their interest in the position to achick@lifesaving.com.au by Monday, 12th March 2018.

For more information please contact Aleeshia Chick on 0439 243 856 or 07 5414 1606.

Regards,

KIRSTEN PHILLIPS

Director of Youth and Membership Development Surf Life Saving Sunshine Coast Branch

MEGAN BLIN

Deputy Director of Youth and Membership Development Surf Life Saving Sunshine Coast Branch

LINK TO ROLE DESCRIPTION MERITORIOUS
COORDINATOR—YOUTH BALL AND AWARDS OF
EXCELLENCE

CLICK HERE

The Club ergo's will be being replaced in the near future.

The current ergo's will be coming up for sale in the coming weeks and members will be notified & be given the option to tender for them.

Keep an eye out for further updates.

Being the 15th Anniversary we want 100 Swimmers in the Ocean - see you there!!!

SHIRLEY STRACHAN & BRUCE WARREN ANNUAL MEMORIAL SWIM 2018 CELEBRATING 15 YEARS

Be part of this wonderful Club tradition.

Enjoy a 1.2km scenic swim from Little Cove with your fellow Club members.

OPEN TO ALL ACTIVE NOOSA SURF LIFESAVING MEMBERS

SUNDAY 11th MARCH 2018
REGISTRATION FROM 7.30am
SWIM COMMENCING 9.00am
ENTRY FREE
FANTASTIC PRIZES

Age group 11 years to 60 plus

(Please note must have turned 11 on or before 28 February 2018)

Please NO SWIM AIDS

HI VIS Vests are Compulsory

Keep the Memory Alive & Swim
With The Legends

PROUDLY SPONSORED
& SUPPORTED BY
McDERMOTT
AVIATION

BBQ BRUNCH TO FOLLOW

SPONSORSHIP TOMOFFERMANN TREAL ESTATE



PARKRIDGE

NOOSA





PROUDLY SPONSORED BY

McGrath





SPONSORSHIP



















SUNCOAST OFFICE SUPPLIES

Personal service avacanteed

70 Noosa Drive, Noosa Heads Qld 4567
P: 07 5447 3167 - F: 07 5447 5937













WHAT'S ON WEEKLY



Best Seat on the Beach

And all the big sporting events on the biggest screen on Hastings



Live
Live
Entertainment
Seafood Raffle
Meat Tray Give Away

SATURDAY

Live Entertainment Seafood Raffle SUNDAY

Seafood Raffle



Seafood Raffle