These course fill fast, so register your name with Lifesaving Admin at lease two weeks prior to start date on:

lifesaving@noosasurfclub.com

Or call the club 07 5448 0900.

#### **FACILITIES & ACTIVITIES**

Active members have a variety of facilities available to them:

- Shower, change room and lockers
- Fully equipped kitchen
- Newsletter
- Social BBQ's
- Access to Supports Club
- Coaching sessions
- Club Swim nights



# 2017-2018 Course Schedule

# Contact Us

Noosa Heads Surf Lifesaving Club

69 Hastings Street

Noosa Heads Q 4567

P: 07 5448 0900

E: Lifesaving @noosasurfclub.com.au

Visit us on the web:

www.noosasurfclub.com.au

Noosa Heads Surf Life Saving Club



# Become a Surf Lifesaver!

### Bronze Medallion/Cert II in Public Safety

This course is designed for people wishing to patrol the beach.

Pre-requisite minimum age 15 years. Ability to swim 400 metres within 9 minutes.

Course 1

Sunday 30 July 2017 at 8:00am 6 weeks

Course 2

Sunday 15 October 2017 at 8:00am 6 weeks

Course 3

To be Confirmed

Prior to commencing training you will be required to complete a 400 metres swim within 9 minutes, which will be held at the Good Shepherd Lutheran Pool. Date to be confirmed.

Sessions Days

Tuesday at 6:00-8:00pm—Training Room Sunday at 8:00am-1:00pm Venue: Beach TBC

#### **Surf Rescue Certificate**

This course is designed for people wishing to help with Water Safety at Nippers.

Pre-requisite minimum age 13 years. Ability to swim 200 metres within 5 minutes.

The Bronze Medallion and Surf Rescue Certificate are both run in conjunction.

## First Aid (AID)

Pre-requisite minimum age 14 years

Course 1 18 & 19 July 2017 at 6:00pm—9:00pm

Course 2 8 & 9 August 2017 at 6:00pm-9:00pm

Course 3 5 & 6 September 2017 at 6:00pm-9:00pm

Course 4 7 & 8 November 2017 at 6:00pm-9:00pm

Venue: TBC

# **Advance Resuscitation Techniques**

Pre-requisite minimum age 15 years Bronze Medallion or First Aid

Course 1 25 & 26 July 2017 6:00pm - 9:00pm

Course 2 22 & 23 August 2017 6:00pm - 9:00pm

Course 3 12 & 14 September 2017 6:00-9:00pm

Course 4 21 & 22 November 2017 6:00 - 9:00pm

Venue: TBC

### **Silver Medallion IRB Drivers**

Pre-requisite minimum age 17 years, Marine License and be an active IRB crew.

#### **IRB Crew Course**

Pre-requisite minimum age 15 years, Bronze Medallion

To further your skill please complete a Course registration form and return to the office.

Time: 8:00am—1:00pm Venue: Noosa Heads SLSC

## Silver Medallion Basic Beach Management

Pre-requisites minimum age 17 years, Bronze Medallion, Advanced Resuscitation, First Aid or Radio Operator.

Course 1 26 August 2017 at 8:30am—2:30pm Venue: TBC

#### QLD 4WD Induction

To be advised

If you would like to further your skills please complete a Course Registration From: <u>click here</u> Or email: Lifesaving@noosasurfclub.com.au

Please note the courses are subject to change on times and location and are dependent on member demand.